Independent Living Resource Center
Multi-service agency promoting
Independence for the disabled through
information, referral, advocacy, and
support
www.cilberkeley.org
Berkeley: (510) 841-4776
Oakland: East (510) 635-4920
Oakland: (510) 763-9999
Oakland: Fruitvale (510) 536-2271
Hayward: (510) 881-5743
Livermore: (925) 371-1531
Fremont: (510) 794-5735

Community Colleges
Community Colleges have adapted
physical education programs for
students with disabilities by providing
ongoing fitness and exercise.

Merritt College
DSP&S (510) 436-2516
Laney College
DSP&S (510) 464-3428
College of Alameda
DSP&S (510) 748-2328
Chabot College
DSP&S (510) 723-6725
Los Positas College
DSP&S (925) 373-5800

In Home Support Services (IHSS)
Services to help persons with
disabilities with limited resources.
(510) 577-1800

Medi-Cal
(510) 639-1000

Durable Medical Equipment (DME)
Kaiser DME Dept: (925) 372-1795

Family Caregiver Alliance
(415) 434-3388 (800) 445-8106
http://www.caregiver.org/caregiver

Alameda Network of Care
Resources for the elderly and people
with disabilities, as well as caregivers.
http://www.alameda.networkofcare.org

Paratransit
Wheelchair accessible van, providing
door-to-door transportation in the
community
CA Transit Links:
www.apta.com/links/state_local/ca.cfm
East Bay / Comsis (510) 287-5000
Hayward (510) 732-9400
Union City: (510) 675-5373
Livermore / Amador: (925) 455-7555

Department of Vocational
Rehabilitation
Provides training/education to help
develop skills to return to work or find
more suitable employment
(510) 622-2764

Easter Seal Society
Multi-service agency offering physical
and occupational therapies as well as
support and social groups
(510) 835-2131

3/2/2012