Independent Living Resource Center
Multi-service agency promoting independence for individuals with disabilities through information, referral, advocacy, and support.
www.marincil.org
Marin (415) 459-6245

Family Caregiver Alliance
(415) 434-3388 (800) 445-8106
http://www.caregiver.org/caregiver

Community Colleges
Community Colleges have adapted physical education programs for students with disabilities by providing ongoing fitness and exercise.

College of Marin
DSP&S (415) 485-9406
APE (415) 485-9654

In Home Support Services (IHSS)
Services to help persons with disabilities of all ages with limited resources.
(415) 499-7118

Catholic Charities of Marin
Support, respite, attendant care, & referrals.
(415) 499-1470

Marin County YMCA
(415) 492-9622

Medi-Cal
(415) 473-3460

Durable Medical Equipment (DME)
Kaiser DME Dept: (925) 372-1795

Paratransit
Wheelchair accessible van, providing door-to-door transportation in the community.
CA Transit Links: www.apta.com/links/state_local/ca.cfm
Whistlestop: (415) 454-0964

Department of Vocational Rehabilitation
Provides training/education to help develop skills to return to work or find more suitable employment.
(415) 454-7960

Keeping Hope Alive
Keeping Hope Alive is a nonprofit organization that helps stroke survivors and their families through education and emotional/social support. KHA offers small support groups and workshops for survivors and family members, led by a stroke survivor who is also a marriage and family therapist. (415) 455-8600

Marin Brain Injury Network
1132 Magnolia Ave.
Larkspur, CA
(415) 461-4667
Email: mbin@mbin.org
www.mbin.org