

NORTH BAY CONSORTIUM

NBC Vallejo – Vacaville Supervisor Staff

Jonah Paquette, PsyD (North Bay Consortium Director; Vallejo/Vacaville Co-Training Director; Vallejo Adult Team) received his B.A. from Columbia University in 2004 and his PsyD from the PGSP-Stanford PsyD Consortium in 2010. Dr. Paquette completed his doctoral internship at the Loma Linda VA Medical Center and was a postdoctoral resident at Kaiser San Rafael's Outpatient Mental Health Clinic with an emphasis in chemical dependency recovery. He has been a staff psychologist at Kaiser Vallejo since 2012, initially with the Intensive Outpatient Program before transitioning to the Adult Team in 2015.

Since 2013 Dr. Paquette has been a member of the postdoctoral residency program as a primary supervisor. In 2015, he became Training Director for the Vallejo/Vacaville program as well as North Bay Consortium Director. Dr. Paquette regularly presents at the weekly didactic seminars and provides group supervision to residents. His clinical duties include providing individual psychotherapy, crisis intervention and facilitating groups, including the PTSD group, the Bipolar Group and the Happiness & Well-Being Group. Dr. Paquette is the author of a research-based self-help book, "Real Happiness: Proven Paths for Contentment, Peace, and Well-Being," in which he draws from his interests in positive psychology, mindfulness and other approaches to well-being. Dr. Paquette recently released "The Happiness Toolbox: 56 Practices to Find Happiness, Purpose & Productivity in Love, Work and Life." In addition to his work at Kaiser, Dr. Paquette delivers trainings for mental health professionals across the country on topics related to Positive Psychology and Happiness and frequently contributes to media outlets on these topics.

Janice Lehman, PsyD (Vacaville Co-Training Director, Adult Team) received her B.A. in Psychology from the University of California, Santa Cruz, in 2003. She earned her doctoral degree in Clinical Psychology at the California School of Professional Psychology/Alliant University, San Francisco, in 2007. She completed her doctoral training at California State University, Sacramento Counseling and Psychological Services. Dr. Lehman joined Kaiser Permanente in 2007 as a postdoctoral resident with the Kaiser, Oakland, Eating Disorder Treatment Program, where she worked with both children and adults struggling with eating disorders and concurrent psychiatric issues. Dr. Lehman then went on to join the Kaiser, Fremont Psychiatry Adult Team as an eating disorder specialist. Her research has focused on the treatment of eating disorders and body image concerns in Asian American populations. Dr. Lehman has co-authored a chapter in the "Handbook of Adult Psychopathology in Asians: Theory, Diagnosis, and Treatment," edited by Edward Chang (2012). She has also presented a poster based on her dissertation research at the 2007 APA convention in San Francisco. Dr. Lehman began working in the Vacaville clinic in 2013. In September 2016, she became Site Training Co-Director for Vacaville/Vallejo Postdoctoral Residency programs. Dr. Lehman is an active member APA as well as a member of the Kaiser Permanente Regional Eating Disorder Best Practices committee to keep abreast of the latest developments in treatment for eating disorders. Dr. Lehman coordinates the Napa/Solano Eating Disorder Multi-Disciplinary Consultation team. She also co-facilitates the DBT Skills Training Group, and Eating Disorders Group in the Vacaville Adult Psychiatry Clinic.

Frank A. Tyler, PsyD (Vallejo, Child/Family and Adult Team) received his B.A. from San Francisco State in 2003 and his PsyD from Argosy University, Alameda, CA, in 2009. Dr. Tyler did his internship at Marin County Community Mental Health, and was a postdoctoral resident at Kaiser, Vallejo, where he developed a men's group. Dr. Tyler has been a clinical psychologist at Kaiser, Vallejo Child/Family and Adult Team, where he specializes in the psychology of adult and young males. As well as supervising postdoctoral residents at Kaiser, Vallejo, Dr. Tyler also supervises practicum students at a local community mental health clinic. Dr. Tyler is a member of the APA and the Association of Black Psychologists.

Lisa Nakata, PhD (Vallejo, Chief – Child/Family Team) received her B.S. from U.C. Berkeley in 1987, a Master's Degree in Clinical Psychology from San Francisco State University in 1989, and her PhD from Pacific Graduate School of Psychology in 2001. Dr. Nakata completed her pre- and postdoctoral training at Kaiser Vallejo Psychiatry Department. Serving as Director of Training from 2005 (for half of the training year) to 2009, Dr. Nakata is now a primary supervisor with the Postdoctoral Residency training in Vallejo Psychiatry Department. During her career at Kaiser, Dr. Nakata has also served as a behavioral medicine specialist, has led the resident assessment seminar, has served as the clinic representative in union bargaining agreements and is currently the facilitator for the "Women's Midlife" group.

Michael Brown, PhD (Vallejo, Patient Evaluation Coordinator) received his M.S. in Clinical Psychology from San Francisco State University in 1990 and his PhD from the Center for Psychological Studies in Albany, CA in 2005. Dr. Brown also did post-graduate work in Lacanian Psychoanalysis at Lacanian School for Psychoanalysis in Berkeley, CA. Dr. Brown is a PEC at Vallejo, leads several groups and is also a primary supervisor in the postdoctoral residency program.

Leslie Caldwell, PsyD (Vacaville, Adult Team) spent twenty years in advertising before she received her B.A. in Psychology from Dominican College in 1998. She earned her doctoral degree in Clinical Psychology at The Wright Institute, Berkeley, in 2002. Dr. Caldwell completed her pre- and postdoctoral training at San Francisco General Hospital's Psychosocial Medicine Outpatient Clinic, where her training emphasis was in Trauma and Post-Traumatic Stress Disorder. Dr. Caldwell works with Adults and has been facilitating the Anxiety and Codependency Groups. Dr. Caldwell has been supervising the Postdoctoral Residents for the past four years and the Social Work Interns for three years prior to that. Dr. Caldwell has been the Vacaville Psychiatry Adult Team Representative at the Northern California Regional Performance Excellence Committee since the committee's inception in 2013.

Daniel MacIntyre, PhD (Vacaville, Child & Family Team) received his PhD in Clinical Psychology from University of Southern Mississippi and completed his residency at Children's Hospital & Research Center, Oakland, CA in 2001. Dr. MacIntyre began working at Kaiser Permanente in 2001. He is currently on the Child & Family Team in Vacaville, where he provides individual and family therapy and co-leads three therapy groups.

Kelly Land, PsyD (Vallejo, Adult Team) earned her doctoral degree in Clinical Psychology in 2010 at Alliant International University, after completing an internship at Loma Linda VA Medical Center. Dr. Land completed her postdoctoral residency at Kaiser, Vallejo. Dr. Land is the consortium's Program Evaluation Supervisor.

Shay Loftus, PhD (Vallejo, Adult Team) received her B.A. in Religion from the University of Hawaii at Manoa and her PhD in Clinical Psychology from Fordham University in the Bronx, New York. She completed her doctoral internship at the VA Hudson Valley Health Care System, Montrose, New York (2003), and her postdoctoral residency at Kaiser Permanente, Vallejo (2008). Before coming to Kaiser, Dr. Loftus was a research coordinator in Psychiatry at the Zucker Hillside Hospital, North Shore-LIJ Health System, Queens, New York (2000-2007). In addition to supervising for the psychology postdoctoral residency and post-masters fellowship training programs, she serves as a clinic union steward.

Timothy Yen, PsyD (Vallejo, Child/Family Team) received his B.A. in Psychology from the University of Washington in 2008 and his Psy.D. from Azusa Pacific University in Clinical Psychology/Family Psychology with a concentration in Consulting Psychology in 2014. He completed his predoctoral internship at Loma Linda University School of Medicine and his postdoctoral residency at Kaiser Vallejo. Dr. Yen facilitates a DBT Multi-Family Group (which is part of Teen IOP) and a Social Skills group. He also serves as the representative for the Vallejo Psychiatry clinic on the Achieving Clinical Excellence committee, which is a committee initiated to improve member services and mental health care outcomes in the Northern California region for Kaiser Permanente. Dr. Yen is a primary supervisor in the postdoctoral residency program. He also has a part-time private practice at Eastside Christian Counseling Center in Dublin, CA.

Patricia F. Eaton, PsyD (Vallejo, Adult Team) received her B.S. in Geography and Social Studies from the University of Sao Paulo in Brazil in 1997 and Master's in Behavioral Science from Cameron University in Oklahoma in 2004; and later Master's and Doctoral in Clinical Psychology from Alliant University, California School of Professional Psychology in 2011 and 2013, respectively. Dr. Eaton is fluent in both Brazilian Portuguese and Spanish, has extensive experience working with addiction, homelessness and chronically mentally ill populations in outpatient settings. She also serves a good portion of Latino patients and is familiar with the language and cultural intricacies of Latino treatment. She is also interested in themes of self-esteem, body image and women's issues. Currently at the Vallejo Psychiatry Department, Dr. Eaton conducts a Women Empowerment Group aimed at discussing issues that affect the mental health of women such as gender roles, body image, relationships, parenting, boundaries and assertiveness. She also co-facilitates the Happiness and Well-Being group, presenting patients with skills that will help increase their quality of life and overall sense of well-being. On a regular basis, Dr. Eaton sees patients at the Department of Psychiatry outpatient clinic for individual psychotherapy. Dr. Eaton is part of the faculty that provides supervision and didactic training to postdoctoral fellows.

Aaron Trinh, PsyD (Vallejo, Adult Team) received his B.A. from U.C. San Diego in Psychology and Japanese Studies. Dr. Trinh received his PsyD from Azusa Pacific University in Clinical Psychology/Family Psychology. He completed his doctoral internship at Gouverneur Healthcare Services/NYU School of Medicine in the Lower East Side of New York City. He was also a postdoctoral resident at Kaiser Vallejo and Vacaville Psychiatry Departments. Dr. Trinh was recently promoted to Manager of the Hospital Consult team. Dr. Trinh is a delegated supervisor in the postdoctoral residency program.

Aubyn Fulton, PhD (Vallejo, Adult Team) received his B.A. from Pacific Union College in Psychology and Religion and his M.A. in Theology and PhD in clinical psychology from Fuller Theological Seminary. He completed his doctoral internship at Martinez VA Medical Center. He was a staff psychologist at Napa State Hospital and in part-time private practice, specializing in the treatment of mood and anxiety disorders in young adults and general psychological assessment. He was a professor of psychology at Pacific Union College in Napa Valley, chairing the Psychology and Social Work Department for ten years. He was sponsor of the Black Student Union and, building on his dissertation research on the relationship of religiosity to both homophobia and tolerance, facilitated a support group for LGBTQ young adults in religious communities. Currently his clinical duties in the Vallejo Department of Psychiatry include providing individual psychotherapy, crisis intervention and co-facilitating a group for young adults finding their path to meaningful, autonomous identities. He is also a supervisor in the training program, and is the Community Partnership Liaison for the Northern California regional mental health training programs.

Alexander Shen, PsyD (Vallejo, Child/Family Team) earned his B.S. from U.C. Berkeley in Business Administration in 1992, and his PsyD from the Wright Institute (Berkeley) in Clinical Psychology, in 2015. He received his doctoral training at California Pacific Medical Center in San Francisco, specializing in Child and Family work in outpatient, community clinic and inpatient medical settings; and completed his postdoctoral residency on the Child/Family Team in the Department of Psychiatry at Kaiser Vallejo. Dr. Shen is one of the Child/Family Team's Gender Specialists and currently co-leads a group for transgender, gender non-binary and gender questioning adolescents. Dr. Shen is a delegated individual supervisor and an assessment supervisor for postdoctoral residents.

Anessa Larson, PsyD (Vallejo, Adult Team) After finishing her doctoral internship at UC Davis Medical Center, Dr. Larson earned her doctoral degree from The Wright Institute in Berkeley in 2003. She then completed the residency program at Children's Hospital and Research Center, Oakland, in 2004 and was licensed in 2005. Dr. Larson has worked at Kaiser Permanente, Richmond, on the Child & Family Team, and at Marin County Mental Health Services on the Child & Family Team and in QA/QI Oversight Management. In January 2017, she began working as a Staff Psychologist on the Adult Team in Vallejo and provides individual therapy services, hospital on-call, co-facilitation of a group in our Ketamine program and Supervision in the postdoctoral residency program.

Megan Da Vania Clark, PsyD (Vallejo/Vacaville/Napa, Behavioral Medicine Team) graduated from California School of Professional Psychology in 2006. Dr. Da Vania completed her postdoctoral residency at Kaiser, San Rafael, in the Addiction Medicine and Recovery Services Department. After working at Kaiser, Oakland, in the Eating Disorders Clinic, Dr. Da Vania moved to Behavioral Medicine in Napa, and is now Manager of Behavioral Medicine for the Napa Solano Service Area. Dr. Da Vania is a delegated supervisor in the Behavioral Medicine Department for Vallejo and Napa.

Yvette Flores, PsyD (Vallejo, Child/Family Team) received her doctoral degree from California School of Professional Psychology in 2013. She completed her postdoctoral residency at Kaiser, Vallejo. Dr. Flores is a primary supervisor in the residency program.

Daniella Halperin, PhD (Vallejo, Adult Team) received a Master's degree from Boston University in 2008 and earned her doctorate degree from Northeastern University in 2016. Her doctoral research focused on non-suicidal self-injury among college students. She acquired doctoral training at the following sites in the Boston area: Center for Anxiety and Related Disorders, National Center for PTSD at the Boston VA, Massachusetts Mental Health Center Partial Hospital Program, and the University of Massachusetts, Lowell Counseling Center. She completed her doctoral internship at the Columbus VA in Ohio prior to joining the Psychiatry Department at Kaiser in Vallejo as a postdoctoral resident. On the Adult Team in Vallejo, Dr. Halperin co-facilitates the DBT Skills Group, Social Anxiety Group and Grief Group at the clinic. Dr. Halperin is currently Program Evaluation Supervisor for the North Bay Consortium along with Dr. Aubyn Fulton.

Kimberly Alston-Stepnitz, PsyD (Vacaville, Adult Team) spent ten years as a lighting systems engineer before she attended the Wright Institute in Berkeley and received her PsyD in 2016. Dr. Alston-Stepnitz did her doctoral training at Integrated Health Psychology Training Program through Contra Costa County and her postdoctoral training with Kaiser Permanente Vacaville/Vallejo in 2016-2017. She works as a Gender Specialist, trained in trans-affirmative patient care to work with teens, families and adults. Dr. Alston-Stepnitz is also working with the postdoctoral training program as a clinical and psychological testing supervisor.

Heather Frankel, PhD (Napa, Behavioral Medicine Team) received her B.A. from University of California at San Diego and her Ph.D. from California School of Professional Psychology, San Diego. She completed her predoctoral internship at U.C.S.D.'s Gifford Clinic and her postdoctoral residency at Fourteenth Street Medical Group in Oakland, CA. Dr. Frankel joined Kaiser's professional staff in 1999 as a clinical psychologist for the department of Behavioral Medicine.

Julia Rosholt, PsyD (Vallejo, Adult Team) received her B.A. from California State University, San Marcos, and her Master's from Argosy University. She received her PsyD from CSPP at Alliant, San Francisco. Dr. Rosholt completed her doctoral internship at the VA in Loma Linda and her postdoctoral residency at Kaiser, Santa Rosa. Dr. Rosholt is an Assessment Supervisor in the residency program.

Matthew Holland, PsyD (Vallejo, Adult Team) received his B.A. from UC Berkeley and his M.A. and PsyD from The Wright Institute. Dr. Holland completed his doctoral internship at Integrated Health Psychology Training Program and his postdoctoral residency at Kaiser, San Rafael. Dr. Holland is an Assessment Supervisor in the residency program.

Candice Ryan, PsyD (Vacaville, Adult Team) received her B.A. from UC Berkeley, her M.A. and her PsyD from Adler School of Professional Psychology in Chicago. Dr. Ryan completed her doctoral internship at HealthPoint in Washington and her postdoctoral residency at Kaiser, Vacaville. Dr. Ryan is a primary supervisor and Assessment Supervisor in the residency program.

Kim Pawlick, PhD (Vacaville, Behavioral Medicine) During her senior of college, Dr. Pawlick spent a semester as an extern at KP, Portland, OR, assisting Kaiser members to improve nutrition and physical activity. As an undergraduate student, she researched the effects of physical exercise on emotional wellbeing, and pursued training and research in behavioral medicine while obtaining

her PhD. Dr. Pawlick joined the Medical University of South Carolina faculty after completing her postdoctoral residency, working primarily in the area of pain management. Dr. Pawlick eventually returned to Kaiser and now works in the Behavioral Medicine Department at Vacaville. Dr. Pawlick is a primary supervisor in the postdoctoral residency program.

Kristin Katz, PhD (Vacaville, Adult Team) Received her PhD from CSPP, Los Angeles. Prior to joining Kaiser Permanente, Dr. Katz worked in a variety of outpatient settings with children, adolescents and adults. Dr. Katz is a primary supervisory in the postdoctoral residency program.

NORTH BAY CONSORTIUM SANTA ROSA

Santa Rosa Kaiser Postdoctoral Training Directors

Jennifer Brandt, PsyD (Child Team, Santa Rosa Co-Training Director) received her doctorate from The California School of Professional Psychology in Alameda, CA; APA Doctoral training at Shasta County Mental Health in Redding, CA and Postdoctoral Residency at Kaiser Permanente in Santa Rosa. Dr. Brandt's specialties include: family and child psychotherapy, Dialectic Behavior Therapy, groups for latency age children and parents and psychological assessment. Dr. Brandt is currently the co-training director of the Postdoctoral Residency Program at Kaiser Permanente in Santa Rosa, Child Team.

Richard Von Feldt, PsyD (Addiction Medicine and Recovery Services, Santa Rosa, Co-Training Director,) received his B.A. in English Literature and Theatre Arts from Boston College in Chestnut Hill, MA., then did his post-baccalaureate studies in psychology at New York University and Hunter College in New York City. Dr. Von Feldt earned his Master's and Doctorate in Clinical Psychology from the American School of Professional Psychology in Alameda, CA. Dr. Von Feldt completed his doctoral internship at CAPS, Santa Clara University then did his postdoctoral internship at Kaiser's San Rafael Medical Center in Addiction Medicine and Recovery Services. Dr. Von Feldt worked at Kaiser's Chemical Dependency Recovery Program (CDRP) in Vallejo for over three years prior to moving to Kaiser Chemical Dependency Services (now known as Addiction Medicine and Recovery Services) in Santa Rosa, where he now provides clinical services. In addition to being the Co-Training Director, Dr. Von Feldt has served as a regional leader in the Performance Excellence Group (PEG) working on Feedback Informed Care (FIC). Outside of Kaiser, Dr. Von Feldt has a private practice in Santa Rosa providing weekly services to dual diagnosis patients and their families. As well, Dr. Von Feldt co-founded Panaptic, an educational organization dedicated to serving as national leaders in marijuana prevention for young people and adults. At Panaptic, Dr. Von Feldt provides comprehensive prevention programs and consultations to educational institutions, healthcare organizations and state government. Dr. Von Feldt is a proud member of California Psychological Association and the American Psychological Association.

Adult Team Supervisors

Michael J Baugnon, PhD received his doctorate from Pacific Graduate School of Psychology, Stanford consortium in Palo Alto, CA. He completed his Doctoral internship at the C. G. Jung Institute of San Francisco and his postdoctoral residency at UCSF Behavioral Medicine Unit. His specialties include OCD, PTSD and Crisis intervention.

Mary Deyo, PsyD received her MA in Clinical Psychology from Columbia University and her PsyD from the PGSP-Stanford Consortium. Dr. Deyo completed her Doctoral internship through San Mateo County Department of Mental Health and her Postdoctoral Residency through Kaiser Permanente in Oakland in the Departments of Psychiatry and Behavioral Medicine. Dr. Deyo currently works on the Intensive Outpatient Program.

Johanna Friend, PsyD received her doctorate from Alliant International University and went on to complete her Doctoral training at the Family Institute of Pinole. She received her post graduate training at Kaiser San Rafael in Chemical Dependency Services (now known as Addiction Medicine and Recovery Services). She currently works within the Intensive Outpatient Program at Kaiser Santa Rosa and has specific interests in using Acceptance and Commitment Therapy (ACT) to affect change and how naturopathic interventions can affect mental and physical health.

David Hawkey, PsyD attended CSPP San Francisco and graduated with his doctorate in Clinical Psychology with an emphasis on children and families. He completed his Doctoral internship and Post-Doctoral residency at the CSPP Psychological Services Center (PSC), where he specialized in adolescent mental health and psychological assessment. He re-specialized in adult psychological services following residency and has additional training in crisis mental health, depression, anxiety, psychotic disorders and psychodiagnostic testing.

Trisha Nguyen, Psy.D. received her doctorate from The California School of Professional Psychology, under Alliant International University in San Francisco, CA. She completed her doctoral internship through California Pacific Medical Center (CPMC) at Sutter Health in San Francisco, working in the Outpatient Psychiatry Department with both adult and child patients. Her Postdoctoral hours were conducted as a Registered Psychologist at Children's Hospital and Research Center Oakland in Center for the Vulnerable Child (CVC) Outpatient Department, working with medically fragile infants ages 0-3 and their caregivers in both individual and family therapy sessions with focus on trauma, attachment, poverty, social injustice. Dr. Nguyen's specialties include: psychodynamic/analytic theory, trauma, attachment, ADHD and OCD.

Child Team Supervisors

Ann Kyser, PhD Received her doctorate from the California School of Professional Psychology in Berkeley, CA. She completed her doctoral training at the University of California, Davis, School of Medicine, Department of Family Practice and Behavioral Medicine. Dr. Kyser is credentialed by the National Register of Health Service Professionals in Psychology. Her specialties include Child Psychiatry, Eating Disorders Treatment, Family Based Treatment for Anorexia and Bulimia, Addictions, Dialectical Behavioral Treatment and Treatments for Anxiety and Depressive Disorders.

Carrie Lara, PsyD Received her doctorate from The California School of Professional Psychology, under Alliant International University in San Francisco, CA; completed her Doctoral internship through the Golden State Consortium, placed at Monterey County Children's Behavioral Services; and her Post-Doctoral hours conducted as a Registered Psychologist at the nonprofit organization of Kinship Center, D'Arrigo Children's Clinic. Dr. Lara's specialties include: children and families, adoption and loss, foster care, trauma, childhood development, attachment, special education and identity development.

Shelly Nielsen PsyD Received her doctorate from The Wright Institute School of Professional Psychology in Berkeley, CA. She completed her Doctoral internship at the UCSF Infant-Parent Program in San Francisco, CA and her Postdoctoral Residency at Santa Rosa Kaiser. Dr. Nielsen's

specialties include: Family therapy, Adolescent depression, Trauma and Crisis intervention. Dr. Nielsen is currently receiving training and consultation in EMDR.

Theresita Solomon, PhD received her master's degree in psychology from JFK University; her doctoral degree from The Wright Institute in Berkeley, California; doctoral training at UCSF San Francisco General Hospital and postdoctoral training at University of California CARE Center in Sacramento, California. Dr. Solomon is on the following teams: ASD, ADHD, Anxiety. Dr. Solomon is an Assessment Supervisor in the residency program and provides seminars on assessment to the residents.

Chauntel Rosenberg, PhD received her doctorate in Clinical Psychology from the Child Program at Southern Illinois University, Carbondale. She completed her doctoral internship at Casa Pacifica Centers for Children and Families in Camarillo, California and her postdoctoral residency as a member of the Child and Adult Psychiatry Teams at Kaiser Santa Rosa. She has supervised for the postdoctoral residency program since 2017. Dr. Rosenberg is a member of the Teen Intensive Outpatient program and runs a subacute Middle School Support group. In addition to her clinical work and supervision, she also runs a bi-weekly family case conference for trainees and staff in the department

Addiction Medicine and Recovery Services Team Supervisors

Sarah Ferraro Cunningham, PsyD is a psychologist at Kaiser Permanente and a co-founder of Panaptic. At Kaiser Permanente, Dr. Ferraro Cunningham provides individual, group and family therapy at Kaiser Santa Rosa's Addiction Medicine and Recovery Services. Dr. Ferraro Cunningham also collaborates with Kaiser's Division of Research, leading the Northern California region in integrating evidence-based substance use interventions. Dr. Ferraro Cunningham provides support to postdoctoral residents and leads the program evaluation component of the residents' training in Santa Rosa. Dr. Ferraro Cunningham also co-founded Panaptic with postdoctoral resident faculty Dr. Richard Von Feldt. Panaptic is a national organization that provides comprehensive marijuana prevention programs to educational institutions, healthcare organizations and families. In her work at Panaptic, Dr. Ferraro Cunningham creates tailored E-Learning programs and provides lectures and specialized training to medical providers, mental health clinicians, educators and community members.

Chris Evans, PsyD (AMRS Team Manager) Received his Doctorate from Spalding University in Louisville, KY. He completed his Doctoral training at Dutchess County Department of Mental Hygiene in Poughkeepsie, New York and his Postdoctoral Residency at Santa Rosa Kaiser. Dr. Evans received an M.S. in Clinical Psychology from Georgia Southern University in Statesboro, GA; B.S. from University of Georgia in Athens, GA. Dr. Evans' specialties and areas of interest include Anxiety Disorders, PTSD, CD, CBT interventions, individual therapy, process groups and program evaluation/development.

Katherine J. Schwimmer, PsyD received her doctorate from The California School of Professional Psychology in San Francisco, CA; her Doctoral training at Anka Behavioral Health in Concord, CA and completed her Postdoctoral Residency at Kaiser Permanente in San Rafael, CA. Her specialties and areas of interest include: Addiction Medicine and Recovery Services,

crisis intervention, dual diagnosis, group process, Motivational Interviewing and Dialectical Behavioral Therapy

Jen Kirby, PsyD (Staff Psychologist, Addiction Medicine Department) Received her doctorate in clinical psychology from the American School of Professional Psychology at Argosy University, SF Bay Area. She completed her doctoral internship at Anka Behavioral Health, working with adults with addiction, dual-diagnosis and severe mental illness. Dr. Kirby completed her postdoctoral residency at Kaiser Permanente, San Rafael, CA in Chemical Dependency Services (now known as Addiction Medicine and Recovery Services). History of working in various settings that includes, inpatient/crisis, outpatient, community mental health, and the school system. Dr. Kirby's specialties and interests include: addiction, dual-diagnosis, severe mental illness, depression, body-image, mindfulness practices and women's mental health.

Behavioral Medicine Supervisor

Mariah Hansen PsyD Received her doctorate from The Wright Institute School of Professional Psychology in Berkeley, CA; APA accredited Doctoral internship with St. John's Child and Family Department Los Angeles, CA; Post-Doctoral Residency at Santa Rosa Kaiser. Dr. Hansen is currently a UCSF associate professor and core faculty member of the Santa Rosa Family Medicine Residency. Specialties include: integrated behavioral medicine; health psychology; culturally responsive medicine.

NORTH BAY CONSORTIUM

SAN RAFAEL

San Rafael Training Staff

Claudia Viazzoli PsyD (Co-Training Director, Adult Team) received her doctorate in Clinical Psychology from the California School of Professional Psychology and her Bachelor of Arts in sociology and organizational studies from the University of California at Davis. Dr. Viazzoli completed her postdoctoral residency at Kaiser Permanente Vallejo in 2003 and joined The Permanente Medical Group in San Rafael as a licensed psychologist in 2004. She started her career as a child and family specialist but now devotes her practice to working exclusively with adults. In addition to providing individual therapy, Dr. Viazzoli facilitates the Bipolar group and the Relational Codependency group. Dr. Viazzoli also served as the Chief Psychologist and Clinical Director for the San Rafael and Petaluma Medical Center from 2012 to 2018.

Carl Oddo, Ph.D. (Co-Training Director, Addiction Medicine and Recovery Services) received his doctorate in Clinical and Organizational Psychology from San Francisco School of Psychology, and his Masters in Clinical Psychology at JFK University. He received his BA in Biological Sciences from U.C. Berkeley. Dr. Oddo completed his internship at the San Francisco County Mental Health, Monterey Clinic and his postdoctoral residency at Contra Costa County's New Connections, an outpatient community mental health and chemical dependency agency. He joined the KP Walnut Creek team in 2005 and worked in all phases of the WCR Chemical Dependency Recovery Program along with his responsibilities as Co-Training Director in the East Bay Consortium. Since coming to San Rafael in 2015 Dr. Oddo continues his work in Addiction Medicine and developing the SRF postdoctoral training program with an emphasis on integration of care.

Lindsay Kittredge, Ph.D. (Adult Team, Primary Supervisor, Assessment Supervisor) received a Bachelor of Arts from Willamette University, a Master of Science degree in Counseling Psychology from Oregon State University and a Ph.D. in Clinical Psychology from Pacific Graduate School of Psychology. Dr. Kittredge completed an APA-accredited doctoral internship at University of Oregon Health Sciences Child Development Center and has been a staff psychologist at Kaiser, San Rafael, since 1995. In 1997 she became the training director of the San Rafael pre-doctoral training program and led the development of a full-time postdoctoral training program in 1999. She served as the Consortium Training Director for the North Bay Consortium from 2006 to 2011, and a site Training Director for San Rafael from 2006 through 2017. She has worked on the Regional Training Director's APA Subcommittee since its inception; Kaiser San Rafael's Diversity Committee; and was the former SRF ADHD Champion. Dr. Kittredge specialties include treating PTSD, trauma patients and psychological assessment. She has a background working in primary care and maintains a private practice that includes personnel evaluations for the State of California. Dr. Kittredge is a member of the American Psychological Association, California Psychological Association and the National Association of Neuropsychology.

Susan Dyer, PsyD (Addiction Medicine and Recovery Services, Delegated Supervisor) received a B.A. in Economics from UCLA and an M.A. (Counseling) from Santa Clara University before earning a doctorate in Clinical Psychology from Pepperdine University in 2004. She completed

her doctoral internship at the V.A. Healthcare Center in West Los Angeles and her postdoctoral fellowship within both the Department of Psychiatry Chemical Dependency Services (now known as Addiction Medicine and Recovery Services) at Kaiser, San Rafael. Dr. Dyer is currently a staff psychologist in AMRS and a delegated supervisor in the postdoctoral residency training program.

Joel Greenberg, PsyD received his doctorate from APA-accredited The Wright Institute of Berkeley in 2010. He received a B.A. in Psychology from the University of Maryland in 2000. Dr. Greenberg completed an APA-accredited doctoral internship at St. John's Child and Family Development Center in Santa Monica, CA in August 2010 and a postdoctoral residency at Kaiser Permanente, San Rafael in September 2011. As a Clinical Psychologist on the Child Team, Dr. Greenberg conducts individual and group therapy with children, adolescents, families and adults. His crisis on-call duties involve triage, crisis intervention and clinical consultation with a multi-disciplinary staff. Dr. Greenberg also coordinates Teen IOP and hospital discharge planning; Teen Multi-Family IOP Group and Teen Anxiety Group therapy. Dr. Greenberg is a member of APA.

Haleh Kashani, PhD received her B.A. in psychology from University of Minnesota with Cum Laude honors in 1983 and her Doctoral degree in clinical psychology at California School of Professional Psychology, Berkeley, in 1988. She completed her postdoctoral residency at Mt. Zion Hospital, outpatient psychiatry and psychiatric emergency department. Dr. Kashani started her practice at Kaiser Permanente in 1989 in Chemical Dependency Services (now known as Addiction Medicine and Recovery Services) in South San Francisco Medical Center where she created several new programs, including a program for children in substance abusing families as well as an interdisciplinary program for seniors with Addiction Medicine and Recovery Services. In 1994 Dr Kashani was appointed Chief of Crisis Services for adult psychiatry in SSF where she developed and directed the program. Dr Kashani has been at San Rafael medical center since 1996. She currently directs the eating disorder programs for adults and teens which she created and established in 2000. Dr Kashani has been actively involved in the postdoctoral training programs as a supervisor and a faculty member since the inception of the program. In the past five years she has developed a sub-specialty training track for residents in eating disorders treatment. Furthermore, Dr. Kashani serves on the Ethics Committee in the San Rafael Medical Center, on the department's diversity committee, as well as on the Regional Eating Disorders Best Practices Committee. Dr. Kashani is bi-cultural and is one of the only Farsi speaking psychologists in the region. In addition to her work at Kaiser, Dr Kashani has a private practice and has been actively involved in community outreach and education programs, she is the Executive Director of Eating Disorder Recovery Services, which is a volunteer-based professional organization dedicated to education and prevention of eating disorders. Dr Kashani is a member of California Psychological Association and is on the Board of Directors of the Marin Psychological Association and serves as the Chair of the Ethics Committee.

John Maas, Ed.D. (Counseling Psychology, Boston University 1983); Harvard Clinical Fellowship (Massachusetts General Hospital) 1977-1979; Children's Hospital Medical Center (Oakland CA, with Herb Schreier, MD, and others in Family Guidance 1980-1981, and Rosamund Gardner PhD in the Child Development Center and Parent Infant Project 1983-85); Redwood Center (Berkeley, with Robert Green, PhD and Karen Saeger, PhD) 1983-85 and Kaiser Medical Offices, Fremont (J Janaro Fabian and Elizabeth McMahan, PhD's 1984-85); Kaiser Medical Center, Martinez CA, Staff Psychologist 1985-89; Chief Psychologist 1989-92; Staff Psychologist, Kaiser Medical Center, San Rafael, 1992 - present (2009). Supervisor of psychology interns,

doctoral and postdoctoral, 1985 to present. Specialties: family therapy, CBT groups for anxiety and depression. Other interests: raising a family (five children raised to adulthood), music (conducted various community groups over the years, composed and performed several choral works, performed on piano / keyboards, sung in symphony choruses, etc.), theater (acted in various regional theater performances), and bicycle riding and nature hikes.

Jason A. Jones, PhD enjoys the work he does as a clinical psychologist in Addiction Medicine and Recovery Services at Kaiser Permanente's San Rafael Medical Center. Dr. Jones also provides supplementary supervision and support to postdoctoral residents in our training program. He is interested in the clinical conceptualization and treatment of drug and alcohol abuse, as well as the difficult relationships that can crop up around such problems. Dr. Jones enjoys talking about research and theory and appreciates viewing clinical phenomena through multiple theoretical lenses with pragmatism as an important personal and professional value. Dr. Jones studied clinical psychology at the California School of Professional Psychology in San Francisco before completing a doctoral internship at Cornerstone Behavioral Health in Wyoming. Following graduation, he completed a residency specializing in the treatment of chemical dependency at Kaiser Permanente in San Rafael. Dr. Jones loved the work so much that he stayed on with Kaiser to continue working as a clinical psychologist in Addiction Medicine and Recovery Services.

Stacey Nelson, PhD (Program Director, Addiction Medicine and Recovery Services, Kaiser, San Rafael/Petaluma) received her B.A. in Literature from Hampshire College in Massachusetts. She earned her Ph.D. in Clinical Psychology from the California School of Professional Psychology in 1997. Dr. Nelson completed her pre-doctoral internship at the V.A. Greater Los Angeles Healthcare Center in Sepulveda, CA and her postdoctoral residency at Kaiser Permanente, Department of Mental Health in Pleasant Hill. Dr. Nelson continued at Kaiser in Pleasant Hill, working first in Behavioral Medicine, next in the Intensive Outpatient Program and in 2001 in Chemical Dependency Services. At this time, Dr. Nelson began providing individual clinical supervision, as well as training and supervision in psychological assessment to postdoctoral residents in that facility. In 2004 she transferred to Kaiser Permanente, Department of Psychiatry in San Rafael, where she served as a psychologist in Chemical Dependency Services (now known as Addiction Medicine and Recovery Services) and Training Director for postdoctoral residents specializing in chemical dependency. She continued in this role through 2011, when she transitioned to Program Director of Chemical Dependency Services at Kaiser San Rafael/Petaluma. Dr. Nelson has an interest in neuropsychology and continues to be involved in psychological assessment. She continues to provide clinical services to members seeking help for chemical dependency issues, integrating developmental, psychodynamic, neuropsychological, and cognitive-behavioral frameworks. She continues to enjoy providing training and clinical supervision for postdoctoral residents in Addiction Medicine and Recovery Services.

Eric Nadler, PhD (Program Evaluation Supervisor) received his B.A. from the University of California, Santa Barbara, and his PhD in Clinical Psychology from the California School of Professional Psychology in San Francisco. He completed his doctoral internship at the Psychosocial Medicine Clinic at San Francisco General Hospital and postdoctoral residency in the Chemical Dependency Services program at Kaiser Permanente, San Rafael. He worked at UCSF as a research assistant and statistician analyzing the impact of psychological, endocrine and immunological variables on recovery after arthroscopic knee surgery. Dr. Nadler specializes in pain psychology and is part of the interdisciplinary chronic pain management program. He also

works one day a week in the Department of Psychiatry doing on-call and crisis intervention and one day each week in a specialized program that helps patients who are on high doses of opiates taper down or off their narcotic medication. Dr. Nadler serves as a steering committee member for the Northern California Association of Pain Psychologists.

Leslie Yan Meier, PhD received her doctorate in Clinical Psychology from UCLA (2007) and her B.A. in Psychology, Neuroscience and Biology from Wesleyan University in Middletown, CT (2000). Prior to entering her doctoral program, Dr. Meier conducted research on bipolar disorder at Massachusetts General Hospital in Boston. She completed her doctoral externship at the West Los Angeles VA, her doctoral internship and postdoctoral fellowship in addictions and trauma at the San Francisco VA. Prior to joining Kaiser Permanente's Department of Psychiatry in 2012, Dr. Meier worked at San Quentin State Prison. Dr. Meier finds supervision and working with young psychologists to be one of the most rewarding aspects of her career.

Thu Pham, PhD received her doctorate in Clinical Psychology from Northwestern University in 2005 and her Bachelor of Arts in Psychology from University of California, Berkeley in 2000. Dr. Pham completed her internship at the VA Martinez in 2004, joined Kaiser Permanente in Campbell as a post-doctoral fellow in 2005, and worked at Kaiser Permanente in Stockton as a psychologist from 2006-2012. Drawn to the beautiful area of Marin, Dr. Pham transferred to the Kaiser in San Rafael in 2012 and has worked as a psychologist on the Adult team since then. In addition to doing individual therapy, Dr. Pham also runs a Self-compassion group and a Dialectical Behavioral Therapy group at Kaiser. Dr. Pham is also the ACE (Achieving Clinical Excellence) lead for the Kaiser in San Rafael, where the goal is to foster a therapeutic culture of feedback-informed care for patients.

Erin Skiffer, PsyD received her doctorate in Clinical Psychology from the PGSP-Stanford PsyD Consortium (2013) and her BS in Psychology from Santa Clara University (2005). Prior to beginning graduate school, Dr. Skiffer worked as a paraprofessional with children on the Autism Spectrum all over the Bay Area. She completed her APA accredited doctoral internship at The Help Group in LA, and postdoctoral residency at Kaiser, Santa Rosa. She was hired as a psychologist with the Child and Family Team at Kaiser, San Rafael, directly after completing her residency. Her current duties include coordinating Teen IOP and hospital discharge planning; running the Teen Multi-Family IOP and DBT Groups, acting as ASD Champion, and working on the Triage Team.

Karen Lau, PhD has had a passion for the neurosciences since her undergraduate work at Mount Holyoke College. She received her doctorate in Clinical Psychology from the California School of Professional Psychology in San Francisco, during which she gained early skills as a neuropsychologist from the San Francisco VA Medical Center and Santa Clara Valley Medical Center. Dr. Lau completed her APA accredited internship in the neuropsychology track at the Jesse Brown VA Medical Center in Chicago, and a two-year Clinical Neuropsychology Postdoctoral Residency in the Department of Neurology and Alzheimer's Disease Center at UC Davis Health System in Sacramento. Dr. Lau continues to work in private practice, providing neuropsychological services in Cantonese. To this end, she enjoys examining cultural issues, and the practical use of neuropsychological and psychological assessment to inform treatment and care.

Heather Chamberlain PsyD received her BA from Willamette University in 2003 with majors in psychology and music. She completed her PsyD in 2007 from Alliant International University in San Diego. In her early career, she worked in community mental health, serving homeless families and teens in a residential setting. She also worked for the Department of Defense as a New Parent Support Home Visitor for the Marines and then moved to the Bay area where she worked as a supervisor for two community mental health organizations in Napa and Fruitvale. Heather has completed the Napa Infant Parent Fellowship, a 15-month program designed to help professionals gain an understanding of infant-parent mental health, as well as Bruce Perry's training on neurosequential model of therapeutics and UCSF's 18-month training in Child Parent Psychotherapy. Heather has a specialty in working with children birth to five and parents and is endorsed by the California Center for Early Childhood mental health as a zero to five mental health specialist and a Reflective Practitioner Level II. However, she works with children of all ages. She has experience additional experience with trauma and parenting and has been teaching Phases of Human Development for the past 6 years at Dominican University. In her free time, Heather enjoys hiking, traveling, and knitting.

Nicolas Chu, PsyD (San Rafael, Child/Adolescent Team) received his PsyD from PGSP-Stanford PsyD Consortium. Dr. Chu completed his doctoral internship at Marin County Health and Human Services, Latino Family Track, and his postdoctoral residency at Kaiser, San Rafael.