KAISER PERMANENTE NORTHERN CALIFORNIA

NORTH BAY CONSORTIUM
POSTDOCTORAL RESIDENCIES IN CLINICAL PSYCHOLOGY

DEPARTMENT DESCRIPTIONS &
TRAINING FACULTY BIOGRAPHIES

NBC VALLEJO/VACAVILLE

Where: Departments of Psychiatry, Vallejo and Vacaville Medical Centers

Resident Placement: Outpatient Clinic, Hospital

Teams: Adult, Child and Family, and Behavioral Medicine

Faculty (both campuses): Consists of full and part-time staff: 31 psychologists, 18 psychiatrists, 23 licensed clinical social workers, 18 licensed marriage and family therapists, 2 nurse-practitioners and 6 psychiatric nurses.

Past Post-Doctoral Residents Now on Staff: 17

NBC Vallejo/Vacaville Training Faculty

Jonah Paquette, PsyD (Vallejo, North Bay Consortium Training Direction, Adult Team) received his B.A. from Columbia University in 2004 and his PsyD from PGSP-Stanford in 2010. Dr. Paquette did his internship with the Veterans Administration at Loma Linda and was a postdoctoral resident at Kaiser, San Rafael’s Outpatient Mental Health Clinic, with an emphasis on Chemical Dependency. Dr. Paquette joined the Adult Team in November 2015 after working for several years in IOP. Dr. Paquette became the consortium training director on November 30, 2015.

Kathryn Wetzler, PsyD (Vallejo, Adult Team) earned her Bachelor of Commerce degree from Melbourne University (Australia), her M.A. from the Professional School of Psychology, San Francisco, and her PsyD from the California School of Professional Psychology (Alameda). Prior to her commencement in the psychological field, Dr. Wetzler was employed as an IBM Representative in Melbourne and Sydney Australia. Dr. Wetzler did her internship at San Francisco General Hospital, Division of Psychosocial Medicine, in 2002/2003 and her postdoctoral residency at Kaiser Vallejo in 2003.

Upon completion of her residency, Dr. Wetzler was appointed the first psychologist in the Emergency Department at Kaiser Vallejo. This was initially a trial program designed to provide a higher level of psychiatric care in both the hospital and the Emergency Department. The program was so successful that it has now expanded to four positions within Vallejo. In 2008 Dr. Wetzler returned to the outpatient clinic and in June of 2008 accepted the position of Interim Site Director,
becoming the Site Director in January of 2009. In October of 2011 she became the NBC’s Consortium Director. Dr. Wetzler’s areas of expertise include PTSD and crisis services, as well as treating depression and anxiety. Dr. Wetzler is the primary investigator for a Kaiser-funded open trial on the efficacy of Acceptance and Commitment Therapy in the treatment of PTSD in a group setting. She has presented these study findings internationally. Dr. Wetzler is a regular speaker on a variety of topics, including brain biology, PTSD and mental health, at venues such as National Alliance on Mental Illnesses and Women Helping Women, and at didactic seminars for the postdoctoral residents. Dr. Wetzler is the former consortium training director and is a primary supervisor in the residency program. In April 2016 Dr. Wetzler will become the Training Director for Kaiser’s Northern California mental health training program.

**Paul Reiser, PhD** (Vallejo, Child/Family Team) received his PhD from the University of Nebraska. Shortly after received his degree, Dr. Reiser worked as a staff psychologist at the Center for Youth at Napa State Hospital where he performed psychological assessments, designed behavior modification programs, provided individual and group therapy and treatment planning. Dr. Reiser also served as the Director of the Clinical Psychology Internship Program for five years while at Napa State Hospital. In December of 1993 Dr. Reiser began working at Kaiser, Santa Rosa, also providing individual, family and group therapy and conducting psychological assessments. He also served as a supervisor for postdoctoral residents. Dr. Reiser moved to Kaiser, Vallejo, in 2006, where he continues to provide evaluations and therapy and psychological test assessments. Dr. Reiser is the consortium’s Assessment Supervisor. In addition to his work at Kaiser, he also has a private practice in which he provides psychotherapy and formal assessment of cognitive, neuropsychological and personality functioning, as well as supervising and teaching psychological test assessment to interns and practicum students.

**Lisa Nakata, PhD** (Vallejo, Chief – Child/Family Team) received her B.S. from U.C. Berkeley in 1987, a Master’s Degree in Clinical Psychology from San Francisco State University in 1989, and her PhD from Pacific Graduate School of Psychology in 2001. Dr. Nakata completed her pre and postdoctoral training at Kaiser Vallejo Psychiatry Department. Serving as Director of Training from 2005 (for half of the training year) to 2009, Dr. Nakata is now a primary supervisor with the Postdoctoral Residency training in Vallejo Psychiatry Department. During her career at Kaiser, Dr. Nakata has also served as a behavioral medicine specialist, has led the resident assessment seminar, has served as the clinic representative in union bargaining agreements and is currently the facilitator for the “Women’s Midlife” group.

**Maria Ortiz-Baker, PsyD** (Vallejo, Adult Team) received her PsyD from John F. Kennedy University in 2006. Dr. Ortiz-Baker did her internship at Kaiser, Antioch and was a postdoctoral resident at Kaiser, Vallejo’s Department of Psychiatry, Adult Team. She has been a staff psychologist at Kaiser, Vallejo since 2007, where she conducts individual and group psychotherapy on the Adult Team. Dr. Ortiz-Baker also provides treatment to Spanish-speaking patients, is a member of the Diversity Committee and Safety Committee and has established and conducts a Spanish-speaking Depression and Anxiety Group. On her free time Dr. Ortiz-Baker enjoys hiking and camping with her husband and four sons. She enjoys cheering for the San Francisco Giants and her boys, who are avid baseball players. She and her family enjoy participating and being involved in church ministry and activities.
Michael Brown, PhD (Vallejo, IOP) received his M.S. in Clinical Psychology from San Francisco State University in 1990 and his PhD from the Center for Psychological Studies in Albany, CA in 2005. Dr. Brown also did post-graduate work in Lacanian Psychoanalysis at Lacanian School for Psychoanalysis in Berkeley, CA. Dr. Brown is a PEC in IOP at Vallejo and is also a delegated supervisor.

Leslie Caldwell, PsyD (Vacaville, Adult Team) spent twenty years in advertising before she received her B.A. in Psychology from Dominican College in 1998. She earned her doctoral degree in Clinical Psychology at The Wright Institute, Berkeley, in 2002. Dr. Caldwell completed her pre- and post-doctoral training at San Francisco General Hospital’s Psychosocial Medicine Outpatient Clinic, where her training emphasis was in Trauma and Post-Traumatic Stress Disorder. Dr. Caldwell has worked with a range of patients; however, her primary interest has been working with Anxiety Disorders, and she has been facilitating the Anxiety Groups and the Codependency Group for six years. For three years, Dr. Caldwell also provided supervision to social work interns. Most recently, Dr. Caldwell has been elected to the Regional Performance Excellence Committee, where she will represent the Vacaville Psychiatry Adult Team on projects aligned with Regional Imperatives in order to improve member services and mental health care outcomes.

Janice Lehman, PsyD (Vacaville, Adult Team) received her B.A. in Psychology from the University of California, Santa Cruz, in 2003. She earned her doctoral degree in Clinical Psychology at the California School of Professional Psychology/Alliant University, San Francisco, in 2007. She completed her pre-doctoral training at California State University, Sacramento Counseling and Psychological Services. Dr. Lehman joined Kaiser Permanente in 2007 as a post-doctoral resident with the Kaiser, Oakland, Eating Disorder Treatment Program, where she worked with both children and adults struggling with eating disorders and concurrent psychiatric issues. Dr. Lehman then went on to join the Kaiser, Fremont, Psychiatry Adult Team as an eating disorder specialist. Her research has focused on the treatment of eating disorders and body image concerns in Asian American populations. Dr. Lehman has co-authored a chapter in the “Handbook of Adult Psychopathology in Asians: Theory, Diagnosis, and Treatment,” edited by Edward Chang (2012). She has also presented a poster based on her dissertation research at the 2007 APA convention in San Francisco. Dr. Lehman is an active member of the Kaiser Permanente Regional Eating Disorder Best Practices committee to keep abreast of the latest developments in treatment for eating disorders. Dr. Lehman also co-facilitates the DBT Skills Training Group, Eating Disorders Group and the Introduction to Coping Groups in the Vacaville Adult Psychiatry Clinic. Besides her specialty in treating eating disorders, Dr. Lehman also enjoys working with patients struggling with issues of diversity and transition.

Daniel MacIntyre, PhD (Vacaville, Child & Family Team) received his PhD in Clinical Psychology from University of Southern Mississippi and completed his residency at Children’s Hospital & Research Center, Oakland, CA in 2001. Dr. MacIntyre began working at Kaiser Permanente in 2001. He is currently on the Child & Family Team in Vacaville, where he provides individual and family therapy and co-leads three therapy groups.

Kelly Land, PsyD (Vallejo, Adult Team) earned her doctoral degree in Clinical Psychology in 2010 at Alliant International University, after completing an internship at Loma Linda VA Medical
Center. Dr. Land completed her post-doctoral residency at Kaiser, Vallejo. Dr. Land is the consortium’s Program Evaluation Supervisor.

**Heather Williams, PsyD** (Vallejo, Child & Family Team) earned her PsyD from Alliant University in San Francisco in 2005. She completed a post-doctoral residency at Kaiser, San Francisco, and thereafter began working at Kaiser. Dr. Williams has served as a primary and delegated supervisor in the postdoctoral residency program. Currently Dr. Williams is a Back-up Supervisor.

**Aaron Trinh, PsyD** (Vallejo, Adult Team) received his B.A. from U.C. San Diego in Psychology and Japanese Studies. Dr. Trinh received his PsyD from Azusa Pacific University in Clinical Psychology/Family Psychology. He completed his predoctoral internship at Gouverneur Healthcare Services/NYU School of Medicine in the Lower East Side of New York City. He was also a postdoctoral resident at Kaiser Vallejo and Vacaville Psychiatry Departments. Currently in the department of psychiatry at Kaiser Vallejo, Dr. Trinh runs treatment programs for Posttraumatic Stress Disorder utilizing the ACT treatment model and a multi-family group for family and friends of the severely mentally ill population. He also serves as the representative for the Vallejo Psychiatry clinic on the Achieving Clinical Excellence committee, which is a committee initiated to improve member services and mental health care outcomes in the Northern California region for KP. Dr. Trinh is a delegated supervisor and co-facilitates the assessment training program for the postdoctoral residents at Vallejo and Vacaville.

**Cecilia Ochoa, PsyD** (Vacaville, Adult Team) originally completed a degree in clinical psychology in Buenos Aires, Argentina. She decided to come to the U.S. to further her education and attended C.S.U.S. for a marriage, family and child counseling program. She completed her doctorate at Baylor University, her internship at Napa State Hospital and her postdoctoral residency at Kaiser, Martinez. She initially worked on the chemical dependency team at Kaiser, Santa Teresa, then moved to Sacramento and worked on the adult team at Kaiser. Dr. Ochoa now works on the adult team at Kaiser in Vacaville, and is a delegated supervisor in the postdoctoral residency program.

**Annie Du, PsyD** (Vallejo, Adult Team) received her B.A. in Psychology from the University of California, Santa Cruz, in 2009. She earned her doctoral degree in Clinical Psychology at Alliant International University/California School of Professional Psychology, San Francisco, in 2013. She completed her pre-doctoral training at the University of San Francisco, Counseling and Psychological Services. Dr. Du was a post-doctoral resident at Kaiser, Fremont, where she worked on both the Adult and Child/Family Psychiatry Team. She then went on to join Kaiser, Vallejo, where she conducts individual and group psychotherapy on the Adult Team. At Vallejo, she developed and facilitates a Social Anxiety group, as well as the ACT Generalized Anxiety and Women’s Midlife groups. Dr. Du is a delegated supervisor in the postdoctoral residency program.

**Patricia F. Eaton, PsyD** (Vallejo, Adult Team) received her B.S. in Geography and Social Studies from the University of Sao Paulo in Brazil in 1997, and Master’s in Behavioral Science from Cameron University in Oklahoma in 2004, and later Master’s and Doctoral in Clinical Psychology from Alliant University, California School of Professional Psychology in 2011 and 2013 respectively. Dr. Eaton is fluent in both Brazilian Portuguese and Spanish, has extensive
experience working with addiction, homelessness and chronically mentally ill populations in outpatient settings. She also serves a good portion of Latino patients and is familiar with the language and cultural intricacies of Latino treatment. She is also interested in themes of self-esteem, body image and women’s issues. Currently at the Vallejo Psychiatry Department, Dr. Eaton conducts the Life Skills groups, aimed to engage chronic mentally ill patients into treatment, build a sense of community among this group and decrease psychiatric based hospitalizations. On a regular basis, Dr. Eaton develops, implements, coordinates, and evaluates clinical treatment programs for the diagnosis, treatment, and/or referral of Health Plan members with acute or chronic mental illness. Participates in staff conferences to select, plan, and evaluate treatment programs. Provides outpatient psychotherapy to individuals, couples, families and groups. Instructs and counsels patients and their families regarding compliance with prescribed therapeutic regimens and adherence to prescribed medication regimens, within the scope of practice. Administers specialized therapeutic procedures, as appropriate. Develops and conducts psycho-educational classes and groups. Prepares intake summaries, treatment plans, and case summaries and maintains ongoing confidential records. Charts member's treatment and progress. Participates in the department on-call rotation at Kaiser Hospital Emergency Rooms Collaborates with physicians in screening and evaluating patients for psychotropic medications, within the scope of practice. Utilizes resources of public and private agencies and community organizations to meet the needs of the member's treatment. Provides consultation to primary care providers and health educators on matters relating to mental health, health psychology and behavioral medicine. Provides clinical supervision to postdoctoral psychology fellows Dr. Eaton is a delegated supervisor in the postdoctoral residency program.
NBC SAN RAFAEL

Where: Kaiser Permanente Medical Center, San Rafael Department of Psychiatry

Resident Placement: Outpatient Clinic, Chemical Dependency Clinic, Hospital

Teams: Adult, Chemical Dependency Services, and Child and Family

Faculty: Consists of full and part-time staff: 20 psychologists, 12 psychiatrists, 1 licensed marriage and family therapist, 6 licensed clinical social workers and 4 psychiatric nurses.

Past Post-Doctoral Residents Now on Staff: 13

NBC San Rafael Training Faculty

Lindsay Kittredge PhD (San Rafael Co-Site Director) received her B.A., Willamette University, M.S. Counseling Psychology, Oregon State University, and PhD Clinical Psychology, Pacific Graduate School of Psychology. Dr. Kittredge did an APA–approved pre-doctoral internship at the University of Oregon Health Sciences Child Development Center and has been a staff psychologist at Kaiser, in San Rafael, since 1995. In 1997, she became the training director of the pre-doctoral training program for San Rafael and with the support of administrative staff and colleagues, developed a full time post-doctoral training program in 1999. In 2006 she became the North Bay Consortium Training Director, and served the NBC for five years. In 2011 Dr. Kittredge passed the NBC directorship baton to Dr. Kathryn Wetzler.

Dr. Kittredge has worked on the Regional Training Director’s APA Subcommittee since its inception, the department’s diversity committee, assisted with data collection for high utilizes in the medical system, assisted in the development of a pilot depression program to provide rapid entry and treatment into the clinic and was the former ADHD Champion. Dr. Kittredge’s specialties include treating PTSD, trauma patients, and psychological assessment. She has a background working in primary care, has a small private practice which includes personnel evaluations for the State of California. She is a member of the American Psychological Association, California Psychological Association and the National Association of Neuropsychology.

Susan Dyer, PhD (Chemical Dependency Services, San Rafael; Co-Site Director) received a B.A. in Economics from UCLA and an M.A. (Counseling) from Santa Clara University before earning a doctorate in Clinical Psychology from Pepperdine University in 2004. She completed her pre-doctoral internship at the V.A. Healthcare Center in West Los Angeles and her postdoctoral fellowship within both the Department of Psychiatry and Chemical Dependency Services (CDS) at Kaiser in San Rafael. Dr. Dyer is currently a staff Psychologist within Kaiser CDS and a co-site training director. She also supervises postdoctoral residents within CDS and presents seminars on interfacing with CDS to the North Bay Consortium postdoctoral residents.
Mark Goldstein, PhD received his PhD in Clinical Psychology at the University of Kentucky in 1979. He completed an APA-approved pre-doctoral internship at the Kaiser Permanente Medical Center in Los Angeles and was a staff psychologist there from 1978 through 1987. After 7 years of private practice in Los Angeles, Dr. Goldstein relocated to northern California and has been a staff psychologist at Kaiser-Permanente in San Rafael from 1995 until the present. Dr. Goldstein has worked in primary care providing consultation, evaluation and treatment to patients and staff in the Occupational Medicine Department; he has been the Adult Team Chief and is a member of the executive Labor Management Team. Dr. Goldstein has been an active participant and supervisor in the post-doctoral training program since its inception.

Joel Greenberg, PhD received his doctorate from APA-accredited The Wright Institute of Berkeley in 2010. He received a B.A. from the University of Maryland in 2000, making Dean’s List his final three semesters and Distinguished Dean’s List his final semester. Dr. Greenberg completed an APA-accredited pre-doctoral internship at St. John’s Child and Family Development Center in Santa Monica, CA in August 2010 and a post-doctoral residency at Kaiser Permanente, San Rafael in September 2011. As a Clinical Psychologist on the Child Team, Dr. Greenberg conducts individual and group therapy with children, adolescents, families and adults. His crisis on-call duties involve triage, crisis intervention and clinical consultation with a multi-disciplinary staff. Dr. Greenberg also coordinates Teen IOP and hospital discharge planning; Teen Multi-Family IOP Group and Teen Depression Group therapy. Dr. Greenberg is a member of APA and CPA.

Haleh Kashani, PhD received her B.A. degree in psychology from University of Minnesota with Cum Laude honors in 1983 and her Doctoral degree in clinical psychology at California School of Professional Psychology, Berkeley, in 1988. She completed her post-doctoral residency at Mt. Zion Hospital, outpatient psychiatry and psychiatric emergency department. Dr. Kashani started her practice at Kaiser Permanente in 1989 in the Chemical Dependency Services in South San Francisco Medical Center where she created several new programs, including a program for children in substance abusing families as well as an interdisciplinary program for seniors with chemical dependency. In 1994 Dr Kashani was appointed Chief of Crisis Services for adult psychiatry in SSF where she developed and directed the program. Dr Kashani has been at San Rafael medical center since 1996. She currently directs the eating disorder programs for adults and teens which she created and established in 2000. Dr Kashani has been actively involved in the post-doctoral training programs as a supervisor and a faculty member since the inception of the program. In the past five years she has developed a sub-speciality training track for residents in eating disorders treatment. Furthermore, Dr. Kashani serves on the Ethics Committee in the San Rafael Medical Center, on the department’s diversity committee, as well as on the Regional Eating Disorders Best Practices Committee. Dr. Kashani is bi-cultural and is one of the only Farsi speaking psychologists in the region. In addition to her work at Kaiser, Dr Kashani has a private practice and has been actively involved in community outreach and education programs, she is the Executive Director of Eating Disorder Recovery Services, which is a volunteer-based professional organization dedicated to education and prevention of eating disorders. Dr Kashani is a member of California Psychological Association and is on the Board of Directors of the Marin Psychological Association and serves as the Chair of the Ethics Committee.
Kimberly Leicester, PhD, B.A., Rutgers University (2000), PhD, Clinical Psychology, California School of Professional Psychology (CSPP), Alliant International University (2006), postdoctoral residency, Kaiser Permanente’s Department of Psychiatry, San Rafael. In 2007, Dr. Leicester was offered a full-time position to continue providing therapeutic services to the patients Kaiser proudly serves. She has been an integral part of the department and pediatrics integrated team of eating disorder specialists and continues to help with the development of this program in the medical center. Dr. Leicester specializes in eating disorder treatment and also provides brief therapy to adult and adolescent patients. Dr. Leicester is a frequent guest lecturer for psychology courses offered at Sonoma State University. She completed her dissertation on the adaptive and maladaptive aspects of perfectionism and the family dynamics that contribute to the different aspects of perfectionism.

John Maas, Ed.D. (Counseling Psychology, Boston University1983); Harvard Clinical Fellowship (Massachusetts General Hospital) 1977-1979; Children's Hospital Medical Center (Oakland CA, with Herb Schreier, MD, and others in Family Guidance 1980-1981, and Rosamund Gardner PhD in the Child Development Center and Parent Infant Project 1983-85); Redwood Center (Berkeley, with Robert Green, PhD and Karen Saeger, PhD) 1983-85 and Kaiser Medical Offices, Fremont (J Janaro Fabian and Elizabeth McMahon, PhD's 1984-85); Kaiser Medical Center, Martinez CA, Staff Psychologist 1985-89; Chief Psychologist 1989-92; Staff Psychologist, Kaiser Medical Center, San Rafael, 1992 - present (2009). Supervisor of psychology interns, pre-doctoral and post-doctoral, 1985 to present (2009). Specialties: family therapy, CBT groups for anxiety and depression. Other interests: raising a family (now 18, 19, 22, 23 and 24), music (conducted various community groups over the years, composed several performed choral works, performed on piano / keyboards, sung in symphony choruses, etc.), theater (acted in various regional theater performances), and otherwise, bicycle riding and nature hikes.

Jason A. Jones, PhD enjoys the work he does as a clinical psychologist in Chemical Dependency Services at Kaiser Permanente’s San Rafael Medical Center. Dr. Jones also provides supplementary supervision and support to post-doctoral residents in our training program. He is interested in the clinical conceptualization and treatment of drug and alcohol abuse, as well as the difficult relationships that can crop up around such problems. Dr. Jones enjoys talking about research and theory and appreciates viewing clinical phenomena through multiple theoretical lenses with pragmatism as an important personal and professional value. Dr. Jones studied clinical psychology at the California School of Professional Psychology in San Francisco before completing a pre-doctoral internship at Cornerstone Behavioral Health in Wyoming. Following graduation he completed a residency specializing in the treatment of chemical dependency at Kaiser Permanente in San Rafael. Dr. Jones loved the work so much that he stayed on with Kaiser to continue working as a clinical psychologist in chemical dependency.

AnnaLeah Logan, PsyD, received her B.A. in Child Development, Cum Laude, from Tufts University, Maryland, (2006) and her PsyD from The George Washington University, Washington, D.C. (2011). After completing a post-doctoral residency at Kaiser, Santa Rosa, in 2012, she worked as a Psychologist Assistant for one year at Kaiser, San Rafael, becoming a Licensed Psychologist at San Rafael in August 2013. Dr. Logan provides short-term treatment to children and adolescents with a variety of diagnoses using evidence-based practices. She is a member of the Teen IOP Team and co-facilitates the Multifamily IOP Group. Dr. Logan also
provides discharge planning and follow-up care coordination for teens following a psychiatric hospitalization, co-facilitates two teen DBT groups, designed and facilitated an OCD group for teens and supervises post-doctoral residents in assessment, as well as presenting a seminar to the post-doctoral residents on license preparation.

**Stacey Nelson, PhD** (Program Director, Chemical Dependency Services, Kaiser, San Rafael/Petaluma) received her B.A. in Literature from Hampshire College in Massachusetts. She earned her PhD in Clinical Psychology from the California School of Professional Psychology in 1997. Dr. Nelson completed her pre-doctoral internship at the V.A. Greater Los Angeles Healthcare Center in Sepulveda, CA and her post-doctoral residency at Kaiser Permanente, Department of Mental Health in Pleasant Hill. Dr. Nelson continued at Kaiser in Pleasant Hill, working first in Behavioral Medicine, next in the Intensive Outpatient Program and in 2001 in Chemical Dependency Services. At this time, Dr. Nelson began providing individual clinical supervision, as well as training and supervision in psychological assessment to post-doctoral residents in that facility. In 2004 she transferred to Kaiser Permanente, Department of Psychiatry in San Rafael, where she served as a psychologist in Chemical Dependency Services and Training Director for post-doctoral residents specializing in chemical dependency. She continued in this role through 2011, when she transitioned to Program Director of Chemical Dependency Services at Kaiser San Rafael/Petaluma. Dr. Nelson has an interest in neuropsychology and continues to be involved in psychological assessment. She continues to provide clinical services to members seeking help for chemical dependency issues, integrating developmental, psychodynamic, neuropsychological, and cognitive-behavioral frameworks. She continues to enjoy providing training and clinical supervision for post-doctoral residents in Chemical Dependency Services.

**Eric Nadler, PhD** (Program Evaluation Supervisor) received his B.A. from the University of California, Santa Barbara, and his PhD in Clinical Psychology from the California School of Professional Psychology in San Francisco. He completed his pre-doctoral internship at the Psychosocial Medicine Clinic at San Francisco General Hospital and postdoctoral residency in the Chemical Dependency Services program at Kaiser Permanente, San Rafael. He worked at UCSF as a research assistant and statistician analyzing the impact of psychological, endocrine and immunological variables on recovery after arthroscopic surgery. Dr. Nadler currently works at Kaiser’s interdisciplinary Chronic Pain Program in the Department of Psychiatry doing on-call and crisis intervention and in a specialized program that helps patients who are on high doses of opiates taper down or off their narcotic medication. He is on the regional coordinating committee for the chronic pain programs at Kaiser Permanente and a steering committee member for the Northern California Association of Pain Psychologists.

**Leslie Yan Meier, PhD** received her doctorate in Clinical Psychology from UCLA (2007) and her B.A. in Psychology, Neuroscience and Biology from Wesleyan University in Middletown, CT (2000). Prior to entering her doctoral program, Dr. Meier conducted research on bipolar disorder at Massachusetts General Hospital in Boston. She completed her pre-doctoral externship at the West Los Angeles VA, her pre-doctoral internship and post-doctoral fellowship in addictions and trauma at the San Francisco VA. Prior to joining Kaiser Permanente’s Department of Psychiatry in 2012, Dr. Meier worked at San Quentin State Prison. Dr. Meier finds supervision and working with young psychologists to be one of the most rewarding aspects of her career.
Curtis Chun, PhD received his doctorate in Clinical Psychology from the Professional School of Psychology in 1996. He completed his postdoctoral residency at Kaiser, Stockton. Dr. Chun is a back-up supervisor in the residency program.

Bria Milicevic, PhD received her doctorate in Clinical Psychology from the Fielding Graduate University in 2012. She completed her postdoctoral residency at Kaiser, South San Francisco. Dr. Milicevic is a back-up supervisor in the residency program.
NBC SANTA ROSA

Where: Santa Rosa Medical Center, Department of Psychiatry

Resident Placement: Outpatient Clinic, Chemical Dependency, Hospital

Teams: Child and Family, Adult, Chemical Dependency Service, Faculty

Past Postdoctoral Residents now on Staff: 15

NBC Santa Rosa Supervisor Staff

Jennifer G. Brandt, PsyD (Santa Rosa Co-Training Director) received her doctorate from The California School of Professional Psychology in Alameda, CA. She completed her APA Pre-Doctoral training at Shasta County Mental Health in Redding, CA and Post-Doctoral Residency at Kaiser Permanente in Santa Rosa. Dr. Brandt’s specialties include family and child psychotherapy, Dialectic Behavior Therapy, groups for latency age children and parents, and psychological assessment. Dr. Brandt is currently the co-training director of the Postdoctoral Residency Program at Kaiser Permanente in Santa Rosa, Child Team.

Chris Evans, PsyD (Santa Rosa Co-Training Director) received his Doctorate from Spalding University in Louisville, KY. He completed a Post-Doctoral Residency at Santa Rosa Kaiser and APA Pre-Doctoral training at Dutchess County Department of Mental Hygiene in Poughkeepsie, NY. Dr. Evans received an M.S. in Clinical Psychology from Georgia Southern University in Statesboro, GA; a B.S. from University of Georgia in Athens, GA. Dr. Evans’ specialties and areas of interest include Anxiety Disorders, PTSD, CD, CBT interventions, individual therapy, process groups and program evaluation/development.

Jennifer MacLeamy, PsyD received her doctorate from The PGSP-Stanford PsyD Consortium in Palo Alto, CA. She completed her APA-accredited Pre-Doctoral training at Riverbend Community Mental Health Center in Concord, NH, and Post-Doctoral Residency at Kaiser Permanente in Santa Rosa. Dr. MacLeamy’s specialties include chemical dependency, codependency, relationships, DBT, ACT, and trauma. Dr. MacLeamy is currently the co-training director of the Postdoctoral Residency Program at Kaiser Permanente in Santa Rosa, Chemical Dependency Team.

Julie Fennimore, PsyD received her doctorate from The California School of Professional Psychology in Alameda, CA. She completed her CAPIC Pre-Doctoral training at St. Mary's Medical Center in San Francisco, CA and her Post-Doctoral residency at Santa Rosa, Kaiser. Dr. Fennimore’s specialties include: Dialectic Behavior Therapy, EMDR, groups for social anxiety, depression and post-partum depression. Dr. Fennimore has also had a private practice in Santa
Rosa since 2007, treating individuals with a variety of Axis 1 and Axis 11 diagnoses in long-term psychotherapy and EMDR treatment for trauma.

**Michael Baugnon, PhD** received his doctorate from Pacific Graduate School of Psychology in Palo Alto, CA. He completed his CAPIC Internship from the C.G. Jung Institute in San Francisco and his Postdoctoral Residency at Santa Rosa Kaiser. Dr. Baugnon specializes in Adult psychiatry.

**Kate Gustin, PhD** received her doctorate from UC Berkeley's Clinical Science Program. She completed her APA accredited pre-doctoral internship at Tang Counseling Center at University of CA Berkeley and her post-doctoral fellowship at Kaiser San Rafael Department of Psychiatry. Her specialties include anxiety treatment programs, ACT, DBT, PTSD and Positive Psychology.

**Lynn Lamb, PsyD** received her doctorate from John F. Kennedy University and completed her postdoctoral residency at Kaiser, San Rafael. Dr. Lamb specializes in the assessment, diagnosis and treatment of eating disorders in adolescents and adults. I take a holistic approach to my work with eating disorder recovery, taking into account the medical, psychological and social factors that play a role in the development and treatment of this illness. I became a supervisor in the postdoctoral residency program in 2014.

**Todd A. Disney, PsyD** received his doctorate from The American School of Professional Psychology in Point Richmond, CA. He completed his Pre-Doctoral training at The Family Institute of Pinole and his Post-Doctoral Residency at Kaiser Permanente in Santa Rosa, CA. Dr. Disney's specialties include family and child psychotherapy, group process, using outcome measures, and leading the Family Case Conference for staff and residents.

**Aaron Jacobson, PsyD** received his doctorate from the Wright Institute School of Psychology in Berkeley, CA. He completed his CPA Pre-Doctoral training at A Better Way in Berkeley, CA, and his APA Post-Doctoral Residency at Kaiser Permanente in Santa Rosa. Dr. Jacobson's specialties include child and family psychotherapy, Autism Spectrum Disorders, foster/adoption issues, sexual/physical/emotional abuse and psychological assessment. Dr. Jacobson conducts therapy in both English and Spanish. He currently works on the Teen Intensive Outpatient Program team and the Eating Disorders team in Child Psychiatry at Kaiser Permanente in Santa Rosa.

**Joan Levy, PhD** received her doctoral degree in 1996 from the San Francisco School of Psychology. She did her pre-doctoral training at San Mateo County Mental Health Child and Family Team and her postdoctoral training at San Mateo County Adult Psychiatry team. Dr. Levy’s specialties include CBT groups for Anxiety; she co-leads the Post-Doctoral Assessment Seminar, PTSD treatment as an EMDR certified provider; co-leads the Intensive Outpatient program for teens at risk for suicide; Bilingual/Bicultural provider and trainer regarding services for the Spanish Speaking community; and post-doctoral supervisor.

**Shelly Nielsen PsyD** received her doctorate from The Wright Institute School of Professional Psychology in Berkeley, CA. She completed a Pre-Doctoral internship at the UCSF Infant-Parent Program in San Francisco, CA and Postdoctoral Residency at Santa Rosa Kaiser. Dr. Nielsen’s specialties include Family therapy, Adolescent depression, Trauma and Crisis intervention. Dr. Nielsen is currently receiving training and consultation in EMDR.
Daniel Pickar, PhD, ABPP, is a Diplomate in Clinical Psychology, American Board of Professional Psychology. He has been a child psychologist with Kaiser Permanente in Santa Rosa, California for 27 years. For twelve of those years he served as the Division Chief of Child and Family Psychiatry, and for five years served as the Director of Postdoctoral Training in Clinical Psychology. He is currently the coordinator of the Dialectical Therapy Program for Teenagers. Dr. Pickar has also published articles in the areas of child custody mediation and evaluations, the training of child psychologists, childhood adjustment to divorce and learning disabilities in adolescents.

Theresita Solomon, PhD received her Master degree in psychology from John F. Kennedy and her doctoral degree from The Wright Institute in Berkeley, California. She completed pre-doctoral training at UCSF San Francisco General Hospital and post-doctoral training at University of California CARE Center in Sacramento, California. Dr. Solomon is on the following teams: ASD, ADHD, Anxiety, and is the Assessment Supervisor in the residency program.

Johanna Friend, PsyD received her doctorate in Clinical Psychology from the California School of Professional Psychology in 2008. She completed her postdoctoral residency at Kaiser, San Rafael. Dr. Friend is a supervisor in the residency program.

Mary Deyo, PsyD received her doctorate in Clinical Psychology from the Pacific Graduate School of Psychology-Stanford PsyD Consortium in 2007. She completed her postdoctoral residency at Kaiser, Oakland. Dr. Deyo is a supervisor in the postdoctoral residency program.