NORTH BAY CONSORTIUM

VALLEJO and VACAVILLE

Where: Vallejo Medical Center, Department of Psychiatry; Vacaville Medical Center, Department of Psychiatry

Resident Placement: Outpatient Clinic, Behavioral Medicine

Rotations Available: Intensive Outpatient Program, Emergency Department, Chemical Dependency Recovery Program, Behavioral Medicine

Teams: Child and Family, Adult

Faculty: The combined faculty of Vallejo and Vacaville consists of full and part-time staff: 51 psychologists, 18 psychiatrists (four with specialty in child psychiatry), 17 licensed psychiatric social workers, 23 Associate Social Workers and Marriage and Family Therapists, 3 psychiatry nurse practitioners and 5 psychiatric nurses.

Past Postdoctoral Residents Now on Staff: 26

NBC Vallejo – Vacaville Supervisor Staff

Jonah Paquette, Psy.D. (North Bay Consortium Director; Vallejo/Vacaville Co-Training Director; Vallejo Adult Team) received his B.A. from Columbia University in 2004 and his Psy.D. from the PGSP-Stanford Psy.D. Consortium in 2010. Dr. Paquette completed his pre-doctoral internship at the Loma Linda VA Medical Center and was a postdoctoral resident at Kaiser San Rafael’s Outpatient Mental Health Clinic with an emphasis in Chemical Dependency. He has been a staff psychologist at Kaiser Vallejo since 2012, initially with the Intensive Outpatient Program, before transitioning to the Adult Team in 2015.

Since 2013 Dr. Paquette has been a member of the postdoctoral residency program as a primary supervisor. In 2015, he became Training Director for the Vallejo/Vacaville program as well as North Bay Consortium Director. Dr. Paquette regularly presents at the weekly didactic seminars and provides group supervision to residents. His clinical duties include providing individual psychotherapy, crisis intervention and facilitating groups, including the PTSD group, the Bipolar Group, and the Happiness & Well-Being Group. Dr. Paquette is the author of a research-based self-help book, “Real Happiness: Proven Paths for Contentment, Peace, and Well-Being,” in which he draws from his interests in positive psychology, mindfulness and other approaches to well-being. In addition to his work at Kaiser, Dr. Paquette delivers trainings for mental health professionals across the country on topics related to Positive Psychology and Happiness and frequently contributes to media outlets on these topics.
Janice Lehman, PsyD (Vacaville Co-Training Director, Adult Team) received her B.A. in Psychology from the University of California, Santa Cruz, in 2003. She earned her doctoral degree in Clinical Psychology at the California School of Professional Psychology/Alliant University, San Francisco, in 2007. She completed her pre-doctoral training at California State University, Sacramento Counseling and Psychological Services. Dr. Lehman joined Kaiser Permanente in 2007 as a postdoctoral resident with the Kaiser, Oakland, Eating Disorder Treatment Program, where she worked with both children and adults struggling with eating disorders and concurrent psychiatric issues. Dr. Lehman then went on to join the Kaiser, Fremont Psychiatry Adult Team as an eating disorder specialist. Her research has focused on the treatment of eating disorders and body image concerns in Asian American populations. Dr. Lehman has co-authored a chapter in the “Handbook of Adult Psychopathology in Asians: Theory, Diagnosis, and Treatment,” edited by Edward Chang (2012). She has also presented a poster based on her dissertation research at the 2007 APA convention in San Francisco. Dr. Lehman began working in the Vacaville clinic in 2013. In September 2016, she became Site Training Co-Director for Vacaville/Vallejo Postdoctoral Residency programs. Dr. Lehman is an active member APA as well as a member of the Kaiser Permanente Regional Eating Disorder Best Practices committee to keep abreast of the latest developments in treatment for eating disorders. Dr. Lehman coordinates the Napa/Solano Eating Disorder Multi-Disciplinary Consultation team. She also co-facilitates the DBT Skills Training Group, and Eating Disorders Group in the Vacaville Adult Psychiatry Clinic.

Frank A. Tyler, Psy.D. (Vallejo, Child/Family and Adult Team) received his B.A. from San Francisco State in 2003 and his Psy.D. from Argosy University, Alameda, CA, in 2009. Dr. Tyler did his internship at Marin County Community Mental Health, and was a postdoctoral resident at Kaiser, Vallejo, where he developed a men’s group. Dr. Tyler has been a clinical psychologist at Kaiser, Vallejo Child/Family and Adult Team, where he specializes in the psychology of adult and young males. As well as supervising postdoctoral residents at Kaiser, Vallejo, Dr. Tyler also supervises practicum students at a local community mental health clinic. Dr. Tyler is a member of the APA and the Association of Black Psychologists.

Lisa Nakata, Ph.D. (Vallejo, Chief – Child/Family Team) received her B.S. from U.C. Berkeley in 1987, a Master’s Degree in Clinical Psychology from San Francisco State University in 1989, and her Ph.D. from Pacific Graduate School of Psychology in 2001. Dr. Nakata completed her pre and postdoctoral training at Kaiser Vallejo Psychiatry Department. Serving as Director of Training from 2005 (for half of the training year) to 2009, Dr. Nakata is now a primary supervisor with the Postdoctoral Residency training in Vallejo Psychiatry Department. During her career at Kaiser, Dr. Nakata has also served as a behavioral medicine specialist, has led the resident assessment seminar, has served as the clinic representative in union bargaining agreements and is currently the facilitator for the “Women’s Midlife” group.

Maria Ortiz-Baker, Psy.D. (Vallejo, Adult Team) received her Psy.D. from John F. Kennedy University in 2006. Dr. Ortiz-Baker did her internship at Kaiser, Antioch and was a postdoctoral resident at Kaiser, Vallejo’s Department of Psychiatry, Adult Team. She has been a staff psychologist at Kaiser, Vallejo since 2007, where she conducts individual and group psychotherapy on the Adult Team. Dr. Ortiz-Baker also provides treatment to Spanish-speaking patients and has established and conducts a Spanish-speaking Depression and Anxiety Group. On her free time Dr. Ortiz-Baker enjoys hiking and camping with her husband and four sons. She
enjoys cheering for the San Francisco Giants and her boys, who play sports, including baseball and soccer. She and her family enjoy participating and being involved in church ministry and activities.

**Michael Brown, Ph.D.** (Vallejo, PEC) received his M.S. in Clinical Psychology from San Francisco State University in 1990 and his Ph.D. from the Center for Psychological Studies in Albany, CA in 2005. Dr. Brown also did post-graduate work in Lacanian Psychoanalysis at Lacanian School for Psychoanalysis in Berkeley, CA. Dr. Brown is a PEC at Vallejo, leads several groups and is also a primary supervisor in the postdoctoral residency program.

**Leslie Caldwell, Psy.D.** (Vacaville, Adult Team) spent twenty years in advertising before she received her B.A. in Psychology from Dominican College in 1998. She earned her doctoral degree in Clinical Psychology at The Wright Institute, Berkeley, in 2002. Dr. Caldwell completed her pre- and postdoctoral training at San Francisco General Hospital’s Psychosocial Medicine Outpatient Clinic, where her training emphasis was in Trauma and Post-Traumatic Stress Disorder. Dr. Caldwell works with Adults and has been facilitating the Anxiety and Codependency Groups. Dr. Caldwell has been supervising the Postdoctoral Residents for the past four years; and the Social Work Interns for three years prior to that. Dr. Caldwell has been the Vacaville Psychiatry Adult Team Representative at the Northern California Regional Performance Excellence Committee since the committee’s inception in 2013.

**Daniel MacIntyre, Ph.D.** (Vacaville, Child & Family Team) received his Ph.D. in Clinical Psychology from University of Southern Mississippi and completed his residency at Children’s Hospital & Research Center, Oakland, CA in 2001. Dr. MacIntyre began working at Kaiser Permanente in 2001. He is currently on the Child & Family Team in Vacaville, where he provides individual and family therapy and co-leads three therapy groups.

**Kelly Land, Psy.D.** (Vallejo, Adult Team) earned her doctoral degree in Clinical Psychology in 2010 at Alliant International University, after completing an internship at Loma Linda VA Medical Center. Dr. Land completed her postdoctoral residency at Kaiser, Vallejo. Dr. Land is the consortium’s Program Evaluation Supervisor.

**Shay Loftus, Ph.D.** (Vallejo, Adult Team) received her B.A. in Religion from the University of Hawaii at Manoa and her Ph.D. in Clinical Psychology from Fordham University in the Bronx, New York. She completed her pre-doctoral internship at the VA Hudson Valley Health Care System, Montrose, New York (2003), and her postdoctoral residency at Kaiser Permanente, Vallejo (2008). Before coming to Kaiser, Dr. Loftus was a research coordinator in Psychiatry at the Zucker Hillside Hospital, North Shore-LIJ Health System, Queens, New York (2000-2007). In addition to supervising for the psychology postdoctoral residency and post-masters fellowship training programs, she serves as a clinic union steward.

**Timothy Yen, Psy.D.** (Vallejo, Child/Family Team) received his B.A. in Psychology from the University of Washington in 2008. Dr. Yen received his Psy.D. from Azusa Pacific University in Clinical Psychology/Family Psychology with a concentration in Consulting Psychology in 2014. He completed his predoctoral internship at Loma Linda University School of Medicine and his postdoctoral residency at Kaiser Vallejo. Currently in the Department of Psychiatry at Kaiser Vallejo, Dr. Yen runs a DBT Multi-family Group (which is part of Teen IOP) and a Middle School
Anxiety group. He also serves as the representative for the Vallejo Psychiatry clinic on the Achieving Clinical Excellence committee, which is a committee initiated to improve member services and mental health care outcomes in the Northern California region for Kaiser Permanente. Dr. Yen is a delegated supervisor in the postdoctoral residency program. In addition to his work at Kaiser, he is doing online counseling with international clients, public speaking and facilitating seminars and leading a church life group for married couples.

**Patricia F. Eaton, PsyD** (Vallejo, Adult Team) received her B.S. in Geography and Social Studies from the University of Sao Paulo in Brazil in 1997 and Master’s in Behavioral Science from Cameron University in Oklahoma in 2004; and later Master’s and Doctoral in Clinical Psychology from Alliant University, California School of Professional Psychology in 2011 and 2013, respectively. Dr. Eaton is fluent in both Brazilian Portuguese and Spanish, has extensive experience working with addiction, homelessness and chronically mentally ill populations in outpatient settings. She also serves a good portion of Latino patients and is familiar with the language and cultural intricacies of Latino treatment. She is also interested in themes of self-esteem, body image and women’s issues. Currently at the Vallejo Psychiatry Department, Dr. Eaton conducts a Women Empowerment Group aimed at discussing issues that affect the mental health of women such as gender roles, body image, relationships, parenting, boundaries and assertiveness. She also conducts the Happiness and Well-Being group, presenting patients with skills that will help increase their quality of life and overall sense of well-being. On a regular basis, Dr. Eaton sees patients at the Department of Psychiatry outpatient clinic for individual psychotherapy. Dr. Eaton is a delegated supervisor in the postdoctoral residency program, providing clinical supervision to postdoctoral fellows.

**Aaron Trinh, PsyD** (Vallejo, Adult Team) received his B.A. from U.C. San Diego in Psychology and Japanese Studies. Dr. Trinh received his PsyD from Azusa Pacific University in Clinical Psychology/Family Psychology. He completed his predoctoral internship at Gouverneur Healthcare Services/NYU School of Medicine in the Lower East Side of New York City. He was also a postdoctoral resident at Kaiser Vallejo and Vacaville Psychiatry Departments. Dr. Trinh was recently promoted to Manager of the Hospital Consult team. Dr. Trinh is a delegated supervisor and co-facilitates the assessment training program for the postdoctoral residents at Vallejo and Vacaville.

**Aubyn Fulton, Ph.D.** (Vallejo, Adult Team) received his B.A. from Pacific Union College in Psychology and Religion and his M.A. in Theology and Ph.D. in clinical psychology from Fuller Theological Seminary. He completed his pre-doctoral internship at Martinez VA Medical Center. He was a staff psychologist at Napa State Hospital and in part-time private practice, specializing in the treatment of mood and anxiety disorders in young adults and general psychological assessment. He was a professor of psychology at Pacific Union College in Napa Valley, chairing the Psychology and Social Work Department for ten years. He was sponsor of the Black Student Union and, building on his dissertation research on the relationship of religiosity to both homophobia and tolerance, facilitated a support group for LGBTQ young adults in religious communities. Currently his clinical duties in the Vallejo Department of Psychiatry include providing individual psychotherapy, crisis intervention and co-facilitating a group for young adults finding their path to meaningful, autonomous identities. He is also a supervisor in the training
program, and is the Community Partnership Liaison for the Northern California regional mental health training programs.

Alexander Shen, PsyD (Vallejo, Child/Family Team) earned his B.S. from U.C. Berkeley in Business Administration in 1992, and his Psy.D. from the Wright Institute (Berkeley) in Clinical Psychology in 2015. He received his pre-doctoral training at California Pacific Medical Center in San Francisco, specializing in Child and Family work in outpatient, community clinic and inpatient medical settings; and completed his postdoctoral residency on the Child/Family Team in the Department of Psychiatry at Kaiser Vallejo. Dr. Shen is one of the Child/Family Team’s Gender Specialists and currently co-leads a group for transgender, gender non-binary and gender questioning adolescents. Dr. Shen is a delegated supervisor for postdoctoral residents.

Anessa Larson, Psy.D. (Vallejo, Adult Team) After finishing her pre-doctoral internship at UC Davis Medical Center, Dr. Larson earned her doctoral degree from The Wright Institute in Berkeley in 2003. She then completed the residency program at Children’s Hospital and Research Center, Oakland, in 2004 and was licensed in 2005. Dr. Larson has worked at Kaiser Permanente, Richmond, on the Child & Family Team, and at Marin County Mental Health Services on the Child & Family Team and in QA/QI Oversight Management. In January 2017, she began working as a Staff Psychologist on the Adult Team in Vallejo and provides individual therapy services, hospital on-call, co-facilitation of a group in our Ketamine program and Supervision in the postdoctoral residency program.

Megan Da Vania Clark, Psy.D. (Vallejo/Vacaville/Napa, Behavioral Medicine) Graduated from California School of Professional Psychology in 2006. Dr. Da Vania completed her postdoctoral residency at Kaiser, San Rafael, in the Chemical Dependency Department. After working at Kaiser, Oakland, in the Eating Disorders Clinic, Dr. Da Vania moved to Behavioral Medicine in Napa, and is now Manager of Behavioral Medicine for the Napa Solano Service Area. Dr. Da Vania is a primary supervisor in the Behavioral Medicine Department for Vallejo and Vacaville.

Yvette Flores, PsyD (Vallejo, Child/Family Team) Received her doctoral degree from California School of Professional Psychology in 2013. She completed her postdoctoral residency at Kaiser, Vallejo. Dr. Flores is a delegated supervisor in the residency program.

Daniella Halperin, PhD (Vallejo, Adult Team) received a Master’s degree from Boston University in 2008 and earned her doctorate degree from Northeastern University in 2016. Her doctoral research focused on non-suicidal self-injury among college students. She acquired predoctoral training at the following sites in the Boston area: Center for Anxiety and Related Disorders, National Center for PTSD at the Boston VA, Massachusetts Mental Health Center Partial Hospital Program, and the University of Massachusetts, Lowell Counseling Center. She completed her predoctoral internship at the Columbus VA in Ohio prior to joining the Psychiatry Department at Kaiser in Vallejo as a postdoctoral resident. On the Adult Team in Vallejo, Dr. Halperin co-facilitates the DBT Skills Group, Social Anxiety Group and Grief Group at the clinic. Dr. Halperin is currently Program Evaluation Supervisor for the North Bay Consortium along with Dr. Aubyn Fulton.
Santa Rosa Kaiser Postdoctoral Training Directors

Jennifer Brandt, Psy.D (Child Team, Santa Rosa Co-Training Director) received her doctorate from The California School of Professional Psychology in Alameda, CA; APA Pre-Doctoral training at Shasta County Mental Health in Redding, CA; Postdoctoral Residency at Kaiser Permanente in Santa Rosa. Specialties include: family and child psychotherapy, Dialectic Behavior Therapy, groups for latency age children and parents, and psychological assessment. Dr. Brandt is currently the co-training director of the Postdoctoral Residency Program at Kaiser Permanente in Santa Rosa, Child Team.

Richard Von Feldt, Psy.D (Chemical Dependency Services, Santa Rosa, Co-Training Director,) received his B.A. in English Literature and Theatre Arts from Boston College in Chestnut Hill, MA., then did his post-baccalaureate studies in psychology at New York University and Hunter College in New York City. Dr. Von Feldt earned his Masters and Doctorate in Clinical Psychology from the American School of Professional Psychology in Alameda, CA. Dr. Von Feldt completed his pre-doctoral internship at CAPS, Santa Clara University then did his postdoctoral internship at Kaiser’s San Rafael Medical Center in Chemical Dependency Services. Dr. Von Feldt worked at Kaiser’s Chemical Dependency Recovery Program (CDRP) in Vallejo for over three years prior to moving to Kaiser Chemical Dependency Services in Santa Rosa where he now provides clinical services. In addition to being the Co-Training Director, Dr. Von Feldt has served as a regional leader in the Performance Excellence Group (PEG) working on Feedback Informed Care (FIC). Outside of Kaiser, Dr. Von Feldt has a private practice in Santa Rosa providing weekly services to dual diagnosis patients and their families. As well, Dr. Von Feldt co-founded Panaptic, an educational organization dedicated to serving as national leaders in marijuana prevention for young people and adults. At Panaptic, Dr. Von Feldt provides comprehensive prevention programs and consultations to educational institutions, healthcare organizations and state government. Dr. Von Feldt is a proud member of California Psychological Association and the American Psychological Association.

Adult Team Supervisors

Michael J Baugnon, Ph.D received his doctorate from Pacific Graduate School of Psychology, Stanford consortium in Palo Alto, CA; Pre-Doctoral internship at the C. G. Jung Institute of San Francisco and Pre-doctoral training at UCSF Behavioral Medicine Unit. Specialties include OCD, PTSD and Crisis intervention.

Elisabeth H. Brittell, Psy.D received her doctorate from The California Institute of Integral Studies in San Francisco, CA; Pre-Doctoral training along with Post-doctoral Residency at UCSF/SFGH Division of Substance Abuse and Addiction Medicine in San Francisco, CA. Specialties and interests include, DBT and CBT interventions, group process, crisis

Mary Deyo, Psy.D received her MA in Clinical Psychology from Columbia University and her Psy.D. from the PGSP-Stanford Consortium. Mary completed her Pre-Doctoral internship through
San Mateo County Department of Mental Health and her Postdoctoral Residency through Kaiser Permanente in Oakland in the Departments of Psychiatry and Behavioral Medicine. Mary currently works on the Intensive Outpatient Program.

**Johanna Friend, Psy.D** received her doctorate from Alliant International University and went on to complete her Pre-Doctoral training at the Family Institute of Pinole. She received her post graduate training at Kaiser San Rafael in Chemical Dependency Services. She currently works within the Intensive Outpatient Program at Kaiser Santa Rosa and has specific interests in using Acceptance and Commitment Therapy (ACT) to affect change and how naturopathic interventions can affect mental and physical health.

**David Hawkey, Psy.D** attended CSPP San Francisco and graduated with his doctorate in Clinical Psychology with an emphasis on children and families. He completed his Pre-Doctoral internship and Post-Doctoral residency at the CSPP Psychological Services Center (PSC), where he specialized in adolescent mental health and psychological assessment. He re-specialized in adult psychological services following residency and has additional training in crisis mental health, depression, anxiety, psychotic disorders, and psychodiagnostic testing.

**Child Team Supervisors**

**Todd A Disney, Psy.D** received his doctorate from The American School of Professional Psychology in Point Richmond, CA; Pre-Doctoral training at The Family Institute of Pinole and Post-Doctoral Residency at Kaiser Permanente in Santa Rosa, CA. Specialties include, family and child psychotherapy, group process, using outcome measures, and leading the Family Case Conference for staff and residents.

**Ann Kyser, Ph.D** Received her doctorate from the California School of Professional Psychology in Berkeley, CA. Pre-Doctoral training was at the University of California, Davis, School of Medicine, Department of Family Practice and Behavioral Medicine. Dr. Kyser is credentialed by the National Register of Health Service Professionals in Psychology. Specialties include Child Psychiatry, Eating Disorders Treatment, Family Based Treatment for Anorexia and Bulimia, Addictions, Dialectical Behavioral Treatment and Treatments for Anxiety and Depressive Disorders.

**Carrie Lara, Psy.D** Received doctorate from The California School of Professional Psychology, under Alliant International University in San Francisco, CA: Pre-Doctoral internship through the Golden State Consortium, placed at Monterey County Children’s Behavioral Services; Post-Doctoral hours conducted as a Registered Psychologist at the nonprofit organization of Kinship Center, D’Arrigo Children’s Clinic. Specialties include: children and families, adoption and loss, foster care, trauma, childhood development, attachment, special education, identity development.

**Rhonda Lindsey, Psy.D**– Child Team Manager
Graduated from Florida Institute of Technology, which is APA accredited, specializing in child and family therapy; Predoctoral internship at Luton Consortium at Nashville working with children and adults, which was APA accredited; Postdoctoral residency at Kaiser Permanente, Department of Psychiatry, Santa Rosa, CA working half time with children and half with adults. Dr. Lindsey
has also worked with inpatient and outpatient children and adults and at residential treatment
centers and juvenile hall specialty school. Currently Dr. Lindsey specializes in child and family
therapy. Affiliate member of APA and CPA.

**Shelly Nielsen Psy.D** Received her doctorate from The Wright Institute School of Professional
Psychology in Berkeley, CA; Pre-Doctoral internship at the UCSF Infant-Parent Program in San
Francisco, CA; Post-Doctoral Residency at Santa Rosa Kaiser. Specialties include: Family
therapy, Adolescent depression, Trauma and Crisis intervention. Dr. Nielsen is currently receiving
training and consultation in EMDR.

**Theresita Solomon, Ph.D** received her master’s degree in psychology from JFK University; her
doctoral degree from The Wright Institute in Berkeley, California; predoctoral training at UCSF
San Francisco General Hospital and postdoctoral training at University of California CARE Center
in Sacramento, California. Dr. Solomon is on the following teams: ASD, ADHD, Anxiety and a
post-doctoral testing seminar. Dr. Solomon is an Assessment Supervisor in the residency program

**Chauntel Wiggins, Ph.D** received her doctorate from the Child Clinical Psychology Program at
Southern Illinois University, Carbondale; Pre-Doctoral internship at Casa Pacifica Centers for
Children and Families in Santa Barbara, CA; Post-Doctoral Residency at Kaiser Permanente in
Santa Rosa, CA. Dr. Wiggins’ areas of interest include: behavioral, cognitive-behavioral and
family therapy with children and adolescents, intensive outpatient work with adolescents and
families, and group process for early adolescents.

**Chemical Dependency Team Supervisors**

**Sarah Ferraro Cunningham, Psy.D** is a psychologist at Kaiser Permanente and a co-founder of
Panaptic. At Kaiser Permanente, Dr. Ferraro Cunningham provides individual, group and family
therapy at Kaiser Santa Rosa's Chemical Dependency Service. Dr. Ferraro Cunningham also
collaborates with Kaiser's Division of Research, leading the Northern California region in
integrating evidence-based substance use interventions. Dr. Ferraro Cunningham provides support
to postdoctoral residents and leads the program evaluation component of the residents’ training in
Santa Rosa. Dr. Ferraro Cunningham also co-founded Panaptic with postdoctoral resident faculty
Dr. Richard Von Feldt. Panaptic is a national organization that provides comprehensive marijuana
prevention programs to educational institutions, healthcare organizations and families. In her work
at Panaptic, Dr. Ferraro Cunningham creates tailored E-Learning programs and provides lectures
and specialized training to medical providers, mental health clinicians, educators and community
members.

**Chris Evans, Psy.D** (CDS Team Manager) Received his Doctorate from Spalding University in
Louisville, KY; Post-Doctoral Residency at Santa Rosa Kaiser; APA Pre-Doctoral training at
Dutchess County Department of Mental Hygiene in Poughkeepsie, New York. Dr. Evans received
his M.S. in Clinical Psychology from Georgia Southern University in Statesboro, GA; B.S. from
University of Georgia in Athens, GA. Specialties and areas of interest include Anxiety Disorders,
PTSD, CD, CBT interventions, individual therapy, process groups and program
evaluation/development.
Katherine J. Schwimmer, Psy.D received her doctorate from The California School of Professional Psychology in San Francisco, CA; Pre-Doctoral training at Anka Behavioral Health in Concord, CA and Post-Doctoral Residency at Kaiser Permanente in San Rafael, CA. Specialties and areas of interest include: chemical dependency, crisis intervention, dual diagnosis, group process, Motivational Interviewing and Dialectical Behavioral Therapy

**Behavioral Medicine Supervisor**

Mariah Hansen Psy.D Received her doctorate from The Wright Institute School of Professional Psychology in Berkeley, CA; APA accredited Pre-Doctoral internship with St. John's Child and Family Department Los Angeles, CA; Post-Doctoral Residency at Santa Rosa Kaiser. Dr. Hansen is currently a UCSF associate professor and core faculty member of the Santa Rosa Family Medicine Residency. Specialties include: integrated behavioral medicine; health psychology; culturally responsive medicine.
San Rafael Training Staff

Joel Greenberg, Psy.D. received his doctorate from APA-accredited The Wright Institute of Berkeley in 2010. He received a B.A. in Psychology from the University of Maryland in 2000. Dr. Greenberg completed an APA-accredited pre-doctoral internship at St. John’s Child and Family Development Center in Santa Monica, CA in August 2010 and a postdoctoral residency at Kaiser Permanente, San Rafael in September 2011. As a Clinical Psychologist on the Child Team, Dr. Greenberg conducts individual and group therapy with children, adolescents, families and adults. His crisis on-call duties involve triage, crisis intervention and clinical consultation with a multidisciplinary staff. Dr. Greenberg also coordinates Teen IOP and hospital discharge planning; Teen Multi-Family IOP Group and Teen Anxiety Group therapy. Dr. Greenberg is a member of APA.

Haleh Kashani, Ph.D. received her B.A. in psychology from University of Minnesota with Cum Laude honors in 1983 and her Doctoral degree in clinical psychology at California School of Professional Psychology, Berkeley, in 1988. She completed her postdoctoral residency at Mt. Zion Hospital, outpatient psychiatry and psychiatric emergency department. Dr. Kashani started her practice at Kaiser Permanente in 1989 in the Chemical Dependency Services in South San Francisco Medical Center where she created several new programs, including a program for children in substance abusing families as well as an interdisciplinary program for seniors with chemical dependency. In 1994 Dr Kashani was appointed Chief of Crisis Services for adult psychiatry in SSF where she developed and directed the program. Dr Kashani has been at San Rafael medical center since 1996. She currently directs the eating disorder programs for adults and teens which she created and established in 2000. Dr Kashani has been actively involved in the postdoctoral training programs as a supervisor and a faculty member since the inception of the program. In the past five years she has developed a sub-speciality training track for residents in eating disorders treatment. Furthermore, Dr. Kashani serves on the Ethics Committee in the San Rafael Medical Center, on the department’s diversity committee, as well as on the Regional Eating Disorders Best Practices Committee. Dr. Kashani is bi-cultural and is one of the only Farsi speaking psychologists in the region. In addition to her work at Kaiser, Dr Kashani has a private practice and has been actively involved in community outreach and education programs, she is the Executive Director of Eating Disorder Recovery Services, which is a volunteer-based professional organization dedicated to education and prevention of eating disorders. Dr Kashani is a member of California Psychological Association and is on the Board of Directors of the Marin Psychological Association and serves as the Chair of the Ethics Committee.

John Maas, Ed.D. (Counseling Psychology, Boston University 1983); Harvard Clinical Fellowship (Massachusetts General Hospital) 1977-1979; Children's Hospital Medical Center (Oakland CA, with Herb Schreier, MD, and others in Family Guidance 1980-1981, and Rosamund Gardner Ph.D. in the Child Development Center and Parent Infant Project 1983-85); Redwood Center (Berkeley, with Robert Green, Ph.D. and Karen Saeger, Ph.D.) 1983-85 and Kaiser Medical Offices, Fremont (J Janaro Fabian and Elizabeth McMahon, Ph.D.’s 1984-85); Kaiser Medical Center, Martinez CA, Staff Psychologist 1985-89; Chief Psychologist 1989-92; Staff Psychologist,
Kaiser Medical Center, San Rafael, 1992 - present (2009). Supervisor of psychology interns, pre-doctoral and postdoctoral, 1985 to present. Specialties: family therapy, CBT groups for anxiety and depression. Other interests: raising a family (five children raised to adulthood), music (conducted various community groups over the years, composed and performed several choral works, performed on piano / keyboards, sung in symphony choruses, etc.), theater (acted in various regional theater performances), and bicycle riding and nature hikes.

Jason A. Jones, Ph.D. enjoys the work he does as a clinical psychologist in Chemical Dependency Services at Kaiser Permanente’s San Rafael Medical Center. Dr. Jones also provides supplementary supervision and support to postdoctoral residents in our training program. He is interested in the clinical conceptualization and treatment of drug and alcohol abuse, as well as the difficult relationships that can crop up around such problems. Dr. Jones enjoys talking about research and theory and appreciates viewing clinical phenomena through multiple theoretical lenses with pragmatism as an important personal and professional value. Dr. Jones studied clinical psychology at the California School of Professional Psychology in San Francisco before completing a pre-doctoral internship at Cornerstone Behavioral Health in Wyoming. Following graduation he completed a residency specializing in the treatment of chemical dependency at Kaiser Permanente in San Rafael. Dr. Jones loved the work so much that he stayed on with Kaiser to continue working as a clinical psychologist in chemical dependency.

Stacey Nelson, Ph.D. (Program Director, Chemical Dependency Services, Kaiser, San Rafael/Petaluma) received her B.A. in Literature from Hampshire College in Massachusetts. She earned her Ph.D. in Clinical Psychology from the California School of Professional Psychology in 1997. Dr. Nelson completed her pre-doctoral internship at the V.A. Greater Los Angeles Healthcare Center in Sepulveda, CA and her postdoctoral residency at Kaiser Permanente, Department of Mental Health in Pleasant Hill. Dr. Nelson continued at Kaiser in Pleasant Hill, working first in Behavioral Medicine, next in the Intensive Outpatient Program and in 2001 in Chemical Dependency Services. At this time, Dr. Nelson began providing individual clinical supervision, as well as training and supervision in psychological assessment to postdoctoral residents in that facility. In 2004 she transferred to Kaiser Permanente, Department of Psychiatry in San Rafael, where she served as a psychologist in Chemical Dependency Services and Training Director for postdoctoral residents specializing in chemical dependency. She continued in this role through 2011, when she transitioned to Program Director of Chemical Dependency Services at Kaiser San Rafael/Petaluma. Dr. Nelson has an interest in neuropsychology and continues to be involved in psychological assessment. She continues to provide clinical services to members seeking help for chemical dependency issues, integrating developmental, psychodynamic, neuropsychological, and cognitive-behavioral frameworks. She continues to enjoy providing training and clinical supervision for postdoctoral residents in Chemical Dependency Services.

Eric Nadler, Ph.D. (Program Evaluation Supervisor) received his B.A. from the University of California, Santa Barbara, and his Ph.D. in Clinical Psychology from the California School of Professional Psychology in San Francisco. He completed his pre-doctoral internship at the Psychosocial Medicine Clinic at San Francisco General Hospital and postdoctoral residency in the Chemical Dependency Services program at Kaiser Permanente, San Rafael. He worked at UCSF as a research assistant and statistician analyzing the impact of psychological, endocrine and immunological variables on recovery after arthroscopic knee surgery. Dr. Nadler specializes in pain psychology and is part of the interdisciplinary chronic pain management program. He also
works one day a week in the Department of Psychiatry doing on-call and crisis intervention and one day each week in a specialized program that helps patients who are on high doses of opiates taper down or off their narcotic medication. Dr. Nadler serves as a steering committee member for the Northern California Association of Pain Psychologists.

Leslie Yan Meier, Ph.D. received her doctorate in Clinical Psychology from UCLA (2007) and her B.A. in Psychology, Neuroscience and Biology from Wesleyan University in Middletown, CT (2000). Prior to entering her doctoral program, Dr. Meier conducted research on bipolar disorder at Massachusetts General Hospital in Boston. She completed her pre-doctoral externship at the West Los Angeles VA, her pre-doctoral internship and postdoctoral fellowship in addictions and trauma at the San Francisco VA. Prior to joining Kaiser Permanente’s Department of Psychiatry in 2012, Dr. Meier worked at San Quentin State Prison. Dr. Meier finds supervision and working with young psychologists to be one of the most rewarding aspects of her career.

Carl G. Oddo, Ph.D. received his doctorate in Clinical and Organizational Psychology from San Francisco School of Psychology. He completed his internship at San Francisco County Mental Health and his postdoctoral residency at New Connections, an outpatient community mental health and chemical dependency clinic. Dr. Oddo works in the Chemical Dependency Department.

Thu Pham, Ph.D. received her doctorate in Clinical Psychology from Northwestern University in 2005 and her Bachelor of Arts in Psychology from University of California, Berkeley in 2000. Dr. Pham completed her internship at the VA Martinez in 2004, joined Kaiser Permanente in Campbell as a post-doctoral fellow in 2005, and worked at Kaiser Permanente in Stockton as a psychologist from 2006-2012. Drawn to the beautiful area of Marin, Dr. Pham transferred to the Kaiser in San Rafael in 2012 and has worked as a psychologist on the Adult team since then. In addition to doing individual therapy, Dr. Pham also runs a Self-compassion group and a Dialectical Behavioral Therapy group at Kaiser. Dr. Pham is also the ACE (Achieving Clinical Excellence) lead for the Kaiser in San Rafael, where the goal is to foster a therapeutic culture of feedback-informed care for patients.

Erin Skiffer, Psy.D. received her doctorate in Clinical Psychology from the PGSP-Stanford PsyD Consortium (2013) and her BS in Psychology from Santa Clara University (2005). Prior to beginning graduate school, Dr. Skiffer worked as a paraprofessional with children on the Autism Spectrum all over the Bay Area. She completed her APA accredited pre-doctoral internship at The Help Group in LA, and postdoctoral residency at Kaiser, Santa Rosa. She was hired as a psychologist with the Child and Family Team at Kaiser, San Rafael, directly after completing her residency. Her current duties include coordinating Teen IOP and hospital discharge planning; running the Teen Multi-Family IOP and DBT Groups, acting as ASD Champion, and working on the Triage Team.

Silva Hassert, Ph.D. received her doctoral degree in Counseling Psychology from the Arizona State University. She completed an internship at Florida International University’s counseling center in Miami and her postdoctoral fellowship at Kaiser, Oakland.

Karen Lau, Ph.D. has had a passion for the neurosciences since her undergraduate work at Mount Holyoke College. She received her doctorate in Clinical Psychology from the California School of Professional Psychology in San Francisco, during which she gained early skills as a
neuropsychologist from the San Francisco VA Medical Center and Santa Clara Valley Medical Center. Dr. Lau completed her APA accredited internship in the neuropsychology track at the Jesse Brown VA Medical Center in Chicago, and a two-year Clinical Neuropsychology Postdoctoral Residency in the Department of Neurology and Alzheimer’s Disease Center at UC Davis Health System in Sacramento. Dr. Lau continues to work in private practice, providing neuropsychological services in Cantonese. To this end, she enjoys examining cultural issues, and the practical use of neuropsychological and psychological assessment to inform treatment and care.